

# HOLY TRINITY ORTHODOX CHURCH

Elmira Heights, NY – 607-732-3980 – [www.holytrinityorthodoxchurch.org](http://www.holytrinityorthodoxchurch.org)



## Sunday, January 26, 2020

32<sup>nd</sup> Sunday After Pentecost – Tone 7

New Martyrs and Confessors of Russia,

Among Them St. Hilarion of Vereiya, Whose Relic is Enshrined In Our Holy Altar

### HELP NEEDED – SNOW REMOVAL ON THE GROUNDS

We need a crew of parishioners willing to help, on a rotating basis, with snow removal on the church grounds. Please see Subdeacon Shawn Michael to add your name to the list. *Thank you!*

### COMING UP IN THE PARISH AND THE DIOCESE...

- **Home Blessings Continue!** Please contact Fr. David to schedule your home blessing, or be ready to set a date when Father contacts you. For more details, see the back page of the Bulletin.
- **Today, 11:30 AM: Annual Parish Meeting.** Orthodox Christian adult members of Holy Trinity Church who are active in the Sacraments may participate in voting and discussion on matters affecting our parish life.
- **Friday, Jan. 31, Altar Servers' Outing.** Father will share the details with altar servers & families directly.
- **Sunday, Feb. 9: Scouting Sunday.** Parents of Scouts, please contact Father so that we can honor them!
- **Saturday, February 15, 7-9 PM, Family Bowling Night.** Please speak with Steve Cheplick for details.
- **Friday – Sunday, May 15-17, Diocesan Altar Server Retreat,** at St. Basil Academy in Garrison NY. It'll be here before you know it, so families, please mark your calendars!
- **Saturday – Sunday, May 30-31, Archbishop Michael's Archpastoral Visit to Our Parish.** Plan to be here!

## SERVICES AND ACTIVITIES

### Today

8:40 AM 3<sup>rd</sup> and 6<sup>th</sup> Hours

9:00 AM Divine Liturgy followed by Fellowship Hour and Annual Parish Meeting

### Wednesday, January 29

6:00 PM Great Vespers with Litya – Feast of the Three Holy Hierarchs, SS. Basil the Great, Gregory the Theologian, and John Chrysostom

### Thursday, January 30 – Feast of the Three Holy Hierarchs

8:40 AM 3<sup>rd</sup> and 6<sup>th</sup> Hours

9:00 AM Divine Liturgy – The Three Holy Hierarchs, SS. Basil the Great, Gregory the Theologian, and John Chrysostom

### Saturday, February 1

5:00 PM Great Vespers with Litya and Blessing of Candles – Great Feast of the Meeting of the Lord in the Temple  
Private Confession Available After Vespers

### Sunday, February 2 – Great Feast of the Meeting of the Lord in the Temple

8:40 AM 3<sup>rd</sup> and 6<sup>th</sup> Hours

9:00 AM Divine Liturgy with Blessing of Candles followed by Fellowship Hour

**TODAY'S EPISTLE 1 Timothy 1:15-17** My son Timothy: This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief. However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life. Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

**TODAY'S GOSPEL Matthew 15:21-28** At that time, Jesus went out from there and departed to the region of Tyre and Sidon. And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed." But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us." But He answered and said, "I was not sent except to the lost sheep of the house of Israel." Then she came and worshiped Him, saying, "Lord, help me!" But He answered and said, "It is not good to take the children's bread and throw it to the little dogs." And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table." Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

**Next Weekend: Bring Candles to Vespers or Liturgy,  
to be blessed on the Feast of the Meeting of the Lord in the Temple!**

### Choir Members:

Next Rehearsals are Sat 2/8 after Vespers;

Sun 2/16 after Liturgy; and Sun 2/23 after Liturgy. *Thank you!*

**Prayer List**

**Memory Eternal:** Priest Michael, Robert, Aleceia, Brother John, Sdn. Thomas Slaiman, Vera, Neil, Elena, Sergei, Nicholas, Alexander, Zinaide, Ludmila, Rustem, Yuri, Igor, Yuri, Semyon, Lev, Yuri, the child Ephrem; Amelia; Frank; Taisia; George; Jack; Brian; Dn. Gregory Jewett.

**For Health:** Archpriest Jason, Archpriest Nicholas, Archpriest Herman, Archpriest John, Archpriest Ken James, Priest Matthew Markewich, Dn. Stefan Karlgut; Dn. John Holoduek, Rdr. Thomas, Rdr. William, Mat. Mary, Mat. Cynthia, Matushka Anastasia (Mat. Tamara’s mom) and Jane Ann Cowan (Fr. David’s mom); Susan (Kathryn Karney’s mother), James, James, Mat. Anastasia, Children Patrick & Hannah, Chloe, Mary Ann, Helen, Nadezhda, Kathleen, Antonina, Ruth, Harriett, Elizabeth, Katherine, Kristen, Anastasia, Sierra, Maria, Michael, Kate, Rachel, Julie and the child to be born to her, Vera, Virginia, Ludmilla, Marilyn. **In the**

**Diocese:** Carol, Taisa, Diane, Peter, Veronica, Judith, Matushka Elizabeth, Matushka Elizabeth, Patricia, Marie, Tara, Mary Jo and her children Nathan, Matthew and Michael.

**Parish Children:**

Lucia	Hannah	Jeremiah	Andrew	Myra	Anthony	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Nathan	Justus	Gabriel	

**College Students:**

Anna McKane – Studying in China                      Katherine McKane – Sarah Lawrence College

Please give prayer requests to Fr. David or to a Subdeacon or Reader.

Typically, prayers for Newly Departed and Health

remain on this list for 40 days, unless requested otherwise. Thank you. `

**Fellowship**

**Schedule:**

**Jan. 26th**

**Pot Luck – Annual Parish Meeting**

**Feb. 2nd**

**Charlanow Family**

**Feb. 9th**

**Karney Family**

**Feb. 16th**

**Haluszczak Family**

**Feb. 23rd**

**Dudek and Payzant**

**Readers**

**Schedule:**

**Jan. 25th & 26th:**

**Carol Haluszczak**

**Feb. 1st & 2nd:**

**Sdcn. Shawn Michael**

**Feb. 8th & 9th:**

**Rdr. William**

**Feb 15th & 16th:**

**Alexander Charlanow**

**Feb. 22nd & 23rd:**

**Steve Cheplick**

**WISDOM FROM THE NEW RUSSIAN MARTYRS**

The Church is like a strong oak, and a man outside the Church is like a flying bird. See how the unfortunate bird struggles in a strong wind. How uneven is its flight! ... That is how a person is carried by the winds of false teaching. But just as the bird is calmed in the dense branches of the tree and peacefully looks out of its refuge on the storm raging past, so a man finds peace when he runs to the Church. From his calm refuge he looks out at the ferocious storm "near the Church walls" – and he sorrows for the unfortunate people who are overtaken by this tempest outside the Church and who delay in seeking shelter there, and he prays to the Lord: "Unite them to Thy Holy, Catholic, and Apostolic Church ... that they also may glorify with us the most honorable and majestic name of God, praised in the Holy Trinity." – Martyr Hilarion, Archbishop of Vereiya, Russia (+12/28/1929)

# RE-CLAIMING OUR HOMES FOR CHRIST: A NOTE ON HOUSE BLESSINGS

When our houses or apartments are blessed, we reclaim our homes, and everyone and everything in them, for Christ: our wives, our husbands, our marriages... our children... our working and studying... our worrying and our struggling... our decisions and our dilemmas... our successes and our rejoicing: we reclaim all of our lives for Christ, by inviting Him into our inner sanctum.



The custom of blessing homes during the Theophany season is of special beauty and significance. We show the Lord – and the devil – that we wish for God to physically expel every trace of sin, anger, bitterness, and worry that has invaded our homes and our families over the past year!

Plan your home blessing at a time when **all family members can be present**, if at all possible.

When Father comes to bless the home, these things should be prepared:

- A lit candle, an icon, and a wide bowl for Holy Water should be on the table.
- All present in the house should participate. If kids are present, an icon for each child to carry (who is big enough to carry one) should also be on the table.
- All radios, televisions, etc. should be turned off.
- Lists of Departed and Living family members and loved ones to be prayed for.

## **PASTORAL CARE – GENERAL INFORMATION**

**Emergency Sick Calls** can be made anytime. Call Fr. David, 732-3980, when a family member is admitted to hospital.

**Anointing In Sickness:** The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

**Marriages and Baptisms** require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

**Funerals** are celebrated for practicing Orthodox Christians. Please see Father for details.

***The Church opposes cremation; we cannot celebrate funerals for cremations.***



## **Holy Trinity Orthodox Church**

140 Horseheads Boulevard ♦ Elmira Heights, NY 14903  
V. Rev. David Cowan, Rector ♦ Telephone: (607) 732-3980  
E-mail: FrDavidCowan@gmail.com  
[www.HolyTrinityOrthodoxChurch.org](http://www.HolyTrinityOrthodoxChurch.org)  
[www.facebook.com/HTOCElmiraHeights](https://www.facebook.com/HTOCElmiraHeights)

Diocese of New York and New Jersey ♦ Orthodox Church in America

