

HOLY TRINITY ORTHODOX CHURCH

Elmira Heights, NY – 607-732-3980 – www.holytrinityorthodoxchurch.org



Sunday, July 5, 2020

4th Sunday After Pentecost – Tone 3

Uncovering of the Relics of St. Sergius of Radonezh

St. Athanasius of Mount Athos

HAPPY INDEPENDENCE DAY WEEKEND!

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at

Web Address www.facebook.com/htocelmiraheights or www.youtube.com/user/frdavidcowan

Today – Group B Attending the Liturgy

8:50 AM Third Hour

9:00 AM Divine Liturgy

Tuesday, July 7

6:30 PM Akathist to the Mother of God, Feast of the Sitka Icon

Saturday, July 11

5:00 PM Great Vespers

Sunday, July 12 – Group A Attending the Liturgy

8:50 AM Third Hour

9:00 AM Divine Liturgy

EPISTLES Romans 6:18-23 Brethren: Having been set free from sin, you became slaves of righteousness. I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness. For when you were slaves of sin, you were free in regard to righteousness. What fruit did you have then in the things of which you are now ashamed? For the end of those things is death. But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Galatians 5:22-6:2 Brethren: The fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another. Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.

GOSPELS Matthew 8:5-13 At that time, when Jesus had entered Capernaum, a centurion came to Him, pleading with Him, saying, "Lord, my servant is lying at home paralyzed, dreadfully tormented." And Jesus said to him, "I will come and heal him." The centurion answered and said, "Lord, I am not worthy that You should come under my roof. But only speak a word, and my servant will be healed. For I also am a man under authority, having soldiers under me. And I say to this one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it." When Jesus heard it, He marveled, and said to those who followed, "Assuredly, I say to you, I have not found such great faith, not even in Israel! And I say to you that many will come from east and west, and sit down with Abraham, Isaac, and Jacob in the kingdom of heaven. But the sons of the kingdom will be cast out into outer darkness. There will be weeping and gnashing of teeth." Then Jesus said to the centurion, "Go your way; and as you have believed, so let it be done for you." And his servant was healed that same hour.

Luke 6:17-23 At that time, Jesus came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, for yours is the kingdom of God. Blessed are you who hunger now, for you shall be filled. Blessed are you who weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you, and revile you, and cast out your name as evil, for the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven, for in like manner their fathers did to the prophets."

Prayer List

Memory Eternal: Matushka Linda Dudash, Tatiana, Paul, Domingo, Fr. John, Adeline, Matushka Nadine, David, Dinara, Mathew, George, Popadije Marilyn, all those taken from us by the Coronavirus.

For Health: Archpriest Jason, Archpriest Nicholas, Archpriest Daniel Kovalak, Archpriest Herman, Archpriest John, Archpriest Ken James, Rdr. Thomas, Rdr. William, Mat. Cynthia, Mat. Anastasia, Mat. Anastasia; newly married Brighton & Larissa, child Sophia, Antonina (Toni), recovering from surgery; Deborah, James, John, Florence, Thomas, Nancy, expecting mothers Larissa, Elena, Juliana & Ashley; Jane Ann, Susan, James, James, Child Hannah, Joshua, Chloe, Helen, Nadezhda, Kathleen, Sherri, Ruth, Harriett, Katherine, Kristen, Anastasia, Sierra, Maria, Michael, Kate, Rachel, Lorraine, Abigail. **In the Diocese:** Metropolitan Theodosius, Fr. Patrick, Fr. Antonio, Fr. Leonid, Fr. Alexis, Fr. Moses, Fr. Daniel, Fr. Joseph & Mat Ellen, Gabriel, Zoe & Emily; Mat. Mary, Rebecca, Rosemary, Drew, Helen, John, Yuri, Marion, Claire, Cyprian, Alexandra, Marie, Heather, James, Ilia, Ludmilla, Sheila, Heather. Drs. Carol & Steven, Adam, Anna, Sdn. Shawn, Officers Max, Luke & Boris, and all of the healthcare professionals and first responders in our parish and our communities; all those afflicted with the Coronavirus and those caring for them. **Birthdays:** Nadia Powers (7/5), Thomas Cheplick (7/9).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Anthony	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Nathan	Justus	Gabriel	

College Students:

Anna McKane – Duke University

Katherine McKane – Sarah Lawrence College

Please give prayer requests to Fr. David or to a Subdeacon or Reader.

Typically, prayers for Newly Departed and Health

remain on this list for 40 days, unless requested otherwise. Thank you.

THE PRO-LIFE CAUSE NEEDS YOU! CHILDREN NOT YET BORN NEED YOU!

The next meeting of **Zoe for Life! Southern Tier** will take place via Zoom on Saturday, July 11th, at 2 p.m. Despite current challenges for getting together, we are moving forward and trying to grow our membership base so that we can hold elections for a board of trustees very soon. We need you to attend our virtual meeting so that we can make more strides towards establishing this vital ministry in our region.

To request the Zoom meeting access instructions,
contact Matushka Marge Kappanadze at mkappanadze@gmail.com

DONOR SOUGHT FOR A LIVE-STREAMING COMPUTER

Since March, we have been running the live-streams on a computer loaned to us by a generous parishioner. At this time, we are looking to purchase a re-furbished computer that can be used specifically for live-streaming. It would cost about \$250-\$300.

If you would like to donate toward this purchase, please contact Fr. David. *Thank you!*

Saint Andrew's Camp Season 2020

FAMILY RETREATS

With the Covid-19 health crisis impacting our world, and the New York region in particular, we are saddened that we cannot hold our traditional camping program.

But every cloud has a silver lining, and we are excited to offer a different way to be together this summer – a family retreat program!

New offering!

Family Retreat Weekend

July 31-Aug 2 (Friday-Sunday)

2 Family Spots still open!

Family Retreat Week

Aug 3 – 7 (Monday-Friday)

WHAT

multiple family get-togethers, which includes indoor dorm-style accommodations (or a place to pitch tent if you like), meals, chapel services, religious education for both children and parents, kayaking, games, sports, and campfires.

Contact us to reserve your spot, for more details, and to register

(315) 675-9771, saintandrewscamp@aol.com

www.saintandrewscamp.org



Family Retreat: A time for families to connect and grow together in Christ!