

# HOLY TRINITY ORTHODOX CHURCH

Elmira Heights, NY – 607-732-3980 – [www.holytrinityorthodoxchurch.org](http://www.holytrinityorthodoxchurch.org)



**Sunday, July 19, 2020**

**6<sup>th</sup> Sunday After Pentecost – Tone 5**

**Holy Fathers of the First Six Ecumenical Councils  
Uncovering of the Relics of St. Seraphim of Sarov**

**SUBDEACON SHAWN MICHAEL TO BE ORDAINED A DEACON – SEPTEMBER 12**

Please mark your calendars for **Saturday, September 12**, when His Eminence, Archbishop Michael, will visit us and ordain Subdeacon Shawn Michael Karney to the Holy Diaconate. More details to come!

## SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at

Web Address [www.facebook.com/htocelmiraheights](http://www.facebook.com/htocelmiraheights) or [www.youtube.com/user/frdavidcowan](http://www.youtube.com/user/frdavidcowan)

Today – Group B Attending the Liturgy

8:50 AM Third Hour

9:00 AM Divine Liturgy, followed by Outdoor Fellowship Hour

Tuesday, July 21

6:30 PM Parish Council Meeting (Re-Scheduled from July 18), via Teleconference

Saturday, July 25

5:00 PM Great Vespers

Sunday, July 26

8:50 AM Third Hour

9:00 AM Divine Liturgy, followed by Outdoor Fellowship Hour



Thank you to all who donated multiple copies of games for our upcoming Family Retreat Week at St. Andrew's Camp! Your thoughtful generosity is greatly appreciated!

With love in Christ,  
Mat. Tamara, Program Director

AN ONLINE ANCIENT FAITH WOMEN'S RETREAT

SEVEN  
HOLY  
WOMEN  
AND YOU

*Walking  
with the  
Saints*

SATURDAY Nov. 14  
11:00 am - 6:00 pm

SUNDAY Nov. 15  
3:00 pm - 6:00 pm

ALL TIMES EASTERN

### ANCIENT FAITH WOMEN'S RETREAT

With Talks on:

- Vulnerability in Faith and Friendship
- Finding Your Voice – the Joys and Challenges of Worshipping Together
- Trusting God in the Face of Disappointment
- St. Nino of Georgia: Following God's Calling
- The Dragon Of Depression
- Finding Joy, Navigating Pivotal Life Moments
- Settling Down With God in Troubling Times

To Register, Visit

<https://store.ancientfaith.com/seven-holy-women-retreat/>

REGISTER NOW!

**TODAY'S EPISTLES Romans 12:6-14** Brethren: Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

**Hebrews 13:7-16** Brethren: Remember your leaders, those who spoke to you the word of God; consider the outcome of their life, and imitate their faith. Jesus Christ is the same yesterday and today and forever. Do not be led away by diverse and strange teachings; for it is well that the heart be strengthened by grace, not by foods, which have not benefited their adherents. We have an altar from which those who serve the tent have no right to eat. For the bodies of those animals whose blood is brought into the sanctuary by the high priest as a sacrifice for sin are burned outside the camp. So Jesus also suffered outside the gate in order to sanctify the people through His own blood. Therefore let us go forth to Him outside the camp, and bear the abuse He endured. For here we have no lasting city, but we seek the city which is to come. Through Him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

**TODAY'S GOSPELS Matthew 9:1-8** At that time, Jesus got into a boat, crossed over, and came to His own city. Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, "Son, be of good cheer; your sins are forgiven you." And at once some of the scribes said within themselves, "This Man blasphemes!" But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven you,' or to say, 'Arise and walk'? But that you may know that the Son of Man has power on earth to forgive sins – then He said to the paralytic, "Arise, take up your bed, and go to your house." And he arose and departed to his house. Now when the multitudes saw it, they marveled and glorified God, who had given such power to men.

**John 17:1-13** Jesus spoke these words, lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was. I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me. I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves.

### Prayer List

**Memory Eternal:** John, Vladimir, Irina, Elba, Kenneth, Matushka Linda Dudash, Tatiana, Paul, Domingo, Fr. John, all those taken from us by the Coronavirus.

**For Health:** Archpriest Jason, Archpriest Nicholas, Archpriest Daniel Kovalak, Archpriest Herman, Archpriest John, Archpriest Ken James, Rdr. Thomas, Rdr. William, Mat. Cynthia, Mat. Anastasia, Mat. Anastasia; newly married Brighton & Larissa, child Sophia, Antonina (Toni), recovering from surgery; Deborah, James, John, Florence, Thomas, Nancy, expecting mothers Larissa, Elena, Juliana, Ashley & Lauren; Lauren; Jane Ann, Susan, James, James, Child Hannah, Joshua, Chloe, Helen, Nadezhda, Kathleen, Sherri, Ruth, Harriett, Katherine, Kristen, Anastasia, Sierra, Maria, Michael, Kate, Rachel, Lorraine, Abigail. **In the Diocese:** Metropolitan Theodosius, Fr. Andreja, Fr. Patrick, Fr. Antonio, Fr. Leonid, Fr. Joseph & Mat Ellen, Gabriel, Zoe & Emily; John, Mary, Helen, Alexander, June, Alexandra, Susan, Michael, Anne, Rebecca, Rosemary, Drew, Helen, John, Yuri, Marion, Ilia, Ludmilla, Sheila, Heather. Drs. Carol & Steven, Adam, Anna, Sdn. Shawn, Officers Max, Luke & Boris, and all of the healthcare professionals and first responders in our parish and our communities; all those afflicted with the Coronavirus and those caring for them.

**Birthday:** Sophia Karney (7/22).

#### **Parish Children:**

Lucia	Hannah	Jeremiah	Andrew	Myra	Anthony	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Nathan	Justus	Gabriel	

#### **College Students:**

Anna McKane – Duke University                      Katherine McKane – Sarah Lawrence College  
Please give prayer requests to Fr. David or to a Subdeacon or Reader.  
Typically, prayers for Newly Departed and Health  
remain on this list for 40 days, unless requested otherwise. Thank you.

### PRAYER CONCERNING THE CORONAVIRUS PANDEMIC

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace; that together we may glorify thy most honorable and majestic name, of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages. Amen.

### PRAYER IN A TIME OF CIVIL UNREST

Our Father, great and glorious God Who art in Heaven, yet Who dost look upon the earth with compassion, meting out Thy justice and Thy mercy upon nations: look down upon our earthly and temporal homeland, the United States of America, which is now divided by strife, and send Thy Spirit, the Spirit of peace, upon us like a heavenly Breeze, to restore peace to our cities, our countrysides, and our hearts. May He, the Spirit of truth Who leads the saints into all truth, teach us the truth, that we may abide in it, repenting of our error and ignorance. May He, the Spirit of righteousness, lead us in the way of righteousness, that we might cast aside and forever reject all hatred and bigotry. May He, the Spirit of Justice, strengthen us to restore justice to our land, that we may root out all corruption. O Father Almighty, adorn our rulers with a spirit of wisdom; adorn our civil authorities and the police and all who enforce the law with a spirit of mercy and restraint; and adorn all who dwell in our land with a spirit of love for one another, regardless of race or class. O Father without beginning, Who at the breathing of Thy Spirit didst cause dry land to appear out of the churning waters of chaos when the world was founded: deliver our earthly homeland from disorder, and grant us all to stand firmly on the ground of Thy justice and Thy mercy, through Jesus Christ our Lord, to Whom is due all worship, together with thee, the God and Father, and the All-holy Spirit, the Comforter, now and ever, and unto ages of ages. Amen.

# Saint Andrew's Camp Season 2020

# FAMILY RETREATS

With the Covid-19 health crisis impacting our world, and the New York region in particular, we are saddened that we cannot hold our traditional camping program.

But every cloud has a silver lining, and we are excited to offer a different way to be together this summer – a family retreat program!

**New offering!**

**Family Retreat Weekend**

July 31-Aug 2 (Friday-Sunday)

**2 Family Spots still open!**

**Family Retreat Week**

Aug 3 – 7 (Monday-Friday)

## WHAT

multiple family get-togethers, which includes indoor dorm-style accommodations (or a place to pitch tent if you like), meals, chapel services, religious education for both children and parents, kayaking, games, sports, and campfires.

**Contact us to reserve your spot, for more details, and to register**

(315) 675-9771, [saintandrewscamp@aol.com](mailto:saintandrewscamp@aol.com)

[www.saintandrewscamp.org](http://www.saintandrewscamp.org)



**Family Retreat: A time for families to connect and grow together in Christ!**