

# HOLY TRINITY ORTHODOX CHURCH

Elmira Heights, NY – 607-732-3980 – [www.holytrinityorthodoxchurch.org](http://www.holytrinityorthodoxchurch.org)



**Sunday, August 2, 2020**

**8<sup>th</sup> Sunday After Pentecost – Tone 7**

**Saint Basil the Wonderworker of Moscow, Fool-for-Christ  
Translation of the Relics of St. Stephen the Protodeacon  
and Protomartyr from Jerusalem to Constantinople**

## **THE DORMITION FAST – AUGUST 1-15**

Remember that we are now in the Fast in preparation for the Falling-Asleep of the Mother of God (the "Dormition Fast"), which lasts until the Liturgy of the Great Feast of her Dormition, Saturday, August 15. We are called to abstain from meat and dairy products, from unnecessary distractions and spiritually unhelpful entertainment ... saying "No" to our own appetites and, like the young Virgin Mary, saying "Yes" to God!

**SERVICES AND ACTIVITIES: Most Services May Be Joined by Live Stream at**

**Web Address** [www.facebook.com/htocelmiraheights](http://www.facebook.com/htocelmiraheights) or [www.youtube.com/user/frdavidcowan](http://www.youtube.com/user/frdavidcowan)

**Today**

8:50 AM Third Hour

9:00 AM Divine Liturgy, followed by Outdoor Fellowship Hour

**Wednesday, August 5 – Eve of the Transfiguration**

6:30 PM Great Vespers with the Blessing of Fruit (See Note Below)

**Thursday, August 6 – Great Feast of the Transfiguration of the Lord**

8:50 AM Third Hour

9:00 AM Divine Liturgy with the Blessing of Fruit (See Note Below)

**Saturday, August 8**

5:00 PM Great Vespers

**Sunday, August 9 – 50<sup>th</sup> Anniversary of the Glorification of St. Herman of Alaska**

8:50 AM Third Hour

9:00 AM Divine Liturgy, followed by Outdoor Fellowship Hour

**Tuesday, August 11**

7:00 PM Akathist to the Mother of God, “Nurturer of Children”, welcoming ZOE For Life and Chemung Valley 4 Life Members (See Note Below)

**EPISTLE: 1 Corinthians 1:10-18** Brethren: I appeal to you, by the name of our Lord Jesus Christ, that all of you agree and that there be no dissensions among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe’s people that there is quarreling among you, my brethren. What I mean is that each one of you says, “I belong to Paul,” or “I belong to Apollos,” or “I belong to Cephas,” or “I belong to Christ.” Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I am thankful that I baptized none of you except Crispus and Gaius; lest any one should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized any one else.) For Christ did not send me to baptize but to preach the gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power. For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God.

**GOSPEL: Matthew 14:14-22** At that time, when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick. When it was evening, His disciples came to Him, saying, “This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food.” But Jesus said to them, “They do not need to go away. You give them something to eat.” And they said to Him, “We have here only five loaves and two fish.” He said, “Bring them here to Me.” Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So they all ate and were filled, and they took up twelve baskets full of the fragments that remained. Now those who had eaten were about five thousand men, besides women and children. Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

**BLESSING FRUIT ON TRANSFIGURATION THIS YEAR:** You are welcome to bring fruit to be blessed! Instead of placing it on the center table as is customary, please keep your basket of fruit with you, and I will come around with the Holy Water and bless your fruit where you stand, at the end of both Great Vespers on Wednesday and the Divine Liturgy on Thursday. Thank you!

**PRO-LIFE EVENT HERE, TUESDAY 8/11:** On Tuesday, Aug. 11, 7:00 PM, we will celebrate the Akathist to the Mother of God, Nurturer of Children, here. We have invited the members of the “Chemung Valley 4 Life” organization (“CV4L”), and the ZOE For Life Orthodox pro-life local chapter, to join us for the service. Afterward, Lenten refreshments and coffee will be served on the rectory lawn, and the CV4L monthly meeting will take place there, with all social-distancing requirements kept. Please come, stay for the meeting, and get involved with CV4L and ZOE For Life!

### Prayer List

**Memory Eternal:** Archimandrite John, Maria, Zinovia, Jhon, Child Maxim, John, Vladimir, Irina, Elba, Kenneth, Matushka Linda Dudash. Ever-memorable Alexander & Alexandra. All those taken from us by the Coronavirus, by sickness, violence, and accidents.

**For Health:** Archpriest Jason, Archpriest Nicholas, Archpriest Daniel Kovalak, Archpriest Herman, Archpriest John, Archpriest Ken James, Rdr. Thomas, Rdr. William, Mat. Cynthia, Mat. Anastasia, Mat. Anastasia; altar server Andrew, child Sophia, Antonina (Toni), recovering from surgery; Carrie, Deborah, James, John, Florence, Thomas, Nancy, expecting mothers Larissa, Elena, Juliana, Ashley & Lauren; Jane Ann, Susan, James, James, Child Hannah, Joshua, Chloe, Helen, Nadezhda, Kathleen, Sherri, Ruth, Harriett, Katherine, Kristen, Anastasia, Sierra, Maria, Michael, Kate, Rachel, Lorraine, Abigail. **In the Diocese:** Metropolitan Theodosius, Fr. Andreja, Fr. Patrick, Fr. Antonio, Fr. Leonid, Fr. Joseph & Mat Ellen, Gabriel, Zoe & Emily; Sub-deacon Peter, Barbara, George, John, Mary, Helen, Alexander, June, Alexandra, Susan, Michael, Anne, Rebecca, Rosemary, Ilia, Ludmilla, Sheila, Heather. Drs. Carol & Steven, Adam, Anna, Sdn. Shawn, Officers Max, Luke & Boris, and all of the healthcare professionals and first responders in our parish and our communities; all those afflicted with the Coronavirus and those caring for them, those afflicted by sickness and injury. **Birthdays:** Catechumen Justin O'Brien (8/2), Sub-deacon Christopher (8/2), child Anastasia (8/2).

**Anniversary:** Fr. David & Mat. Tamara (8/2, 28 Years)

#### **Parish Children:**

Lucia	Hannah	Jeremiah	Andrew	Myra	Anthony	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Nathan	Justus	Gabriel	

#### **College Students:**

Anna McKane – Duke University

Katherine McKane – Sarah Lawrence College

Please give prayer requests to Fr. David or to a Subdeacon or Reader.

Typically, prayers for Newly Departed and Health

remain on this list for 40 days, unless requested otherwise. Thank you.

### **PRAYER CONCERNING THE CORONAVIRUS PANDEMIC**

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace; that together we may glorify thy most honorable and majestic name, of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages. Amen.

### **PRAYER IN A TIME OF CIVIL UNREST**

Our Father, great and glorious God Who art in Heaven, yet Who dost look upon the earth with compassion, meting out Thy justice and Thy mercy upon nations: look down upon our earthly and temporal homeland, the United States of America, which is now divided by strife, and send Thy Spirit, the Spirit of peace, upon us like a heavenly Breeze, to restore peace to our cities, our countrysides, and our hearts. May He, the Spirit of truth Who leads the saints into all truth, teach us the truth, that we may abide in it, repenting of our error and ignorance. May He, the Spirit of righteousness, lead us in the way of righteousness, that we might cast aside and forever reject all hatred and bigotry. May He, the Spirit of Justice, strengthen us to restore justice to our land, that we may root out all corruption. O Father Almighty, adorn our rulers with a spirit of wisdom; adorn our civil authorities and the police and all who enforce the law with a spirit of mercy and restraint; and adorn all who dwell in our land with a spirit of love for one another, regardless of race or class. O Father without beginning, Who at the breathing of Thy Spirit didst cause dry land to appear out of the churning waters of chaos when the world was founded: deliver our earthly homeland from disorder, and grant us all to stand firmly on the ground of Thy justice and Thy mercy, through Jesus Christ our Lord, to Whom is due all worship, together with thee, the God and Father, and the All-holy Spirit, the Comforter, now and ever, and unto ages of ages. Amen.

### **SUBDEACON SHAWN MICHAEL TO BE ORDAINED A DEACON – SEPTEMBER 12**

Please mark your calendars for **Saturday, September 12**, when His Eminence, Archbishop Michael, will visit us and ordain Subdeacon Shawn Michael Karney to the Holy Diaconate. More details to come!