

HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, January 30, 2022

32nd Sunday After Pentecost – Tone 7

**Feast of the Three Holy Hierarchs: St. Basil the Great,
St. Gregory the Theologian, and St. John Chrysostom**

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Sunday, January 30 – The Three Holy Hierarchs, Ss. Basil the Great, Gregory the Theologian and John Chrysostom

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy, Followed by Fellowship and Annual Parish Meeting

Tuesday, February 1

6:30 PM Great Vespers with Litya, and the Blessing of Candles – The Meeting of the Lord in the Temple

(No Adult Class – Class Resumes Tuesday, February 8)

Wednesday, February 2 – Great Feast of the Meeting of the Lord in the Temple

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy with Blessing of Candles

Saturday, February 5

5:00 PM Great Vespers, Private Confession Available Afterward

Sunday, February 6

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy, Followed by Fellowship, Church School and Teen Group

HOME BLESSINGS can be done, by request.

Please contact Fr David if you wish to schedule a home blessing visit.

Please remember to turn in your 2022 Stewardship Pledge Form today, or as soon as possible! You can give it, or mail it, or email it, to Fr. David, or to Treasurer Kevin Gomez at treasurer@holytrinityorthodoxchurch.org . Thank you.

ANNUAL PARISH MEETING FOR 2022: TODAY, AFTER THE LITURGY

Orthodox Christian adult members of Holy Trinity Church who are active in the Sacraments may participate in voting and discussion on matters affecting the life of the parish.

We have many blessings to reflect upon and many opportunities to build both our parish particularly, and the Body of Christ in general. I look forward to discussing them with you, and I look forward to planning with you to wisely steward the resources and ministries of Holy Trinity Church in 2022!

– With love in Christ, Fr. David

2022 BABY BOTTLE DRIVE FOR THE SOUTHERN TIER PREGNANCY CENTER

The **Southern Tier Pregnancy Resource Center** is hosting their annual Sanctity of Life Baby Bottle Boomerang! Find information and bottles at the display. Take a bottle home and fill it with change. Bring it back by Sunday, February 27th. Call 732-2111 for more information.

PLEASE RETURN YOUR FILLED BOTTLE BY SUNDAY, FEBRUARY 27.

CHOIR REHEARSALS COMING UP ...

- Sunday, February 13, after Divine Liturgy
- Saturday, February 19, 4:00 pm
- Sunday, February 27, after Divine Liturgy

SCRIPTURE READINGS

EPISTLES 1 Timothy 1:15-17 My son Timothy: This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief. However, for this reason I obtained mercy, that in me first Jesus Christ might show all longsuffering, as a pattern to those who are going to believe on Him for everlasting life. Now to the King eternal, immortal, invisible, to God who alone is wise, be honor and glory forever and ever. Amen.

Hebrews 13:7-16 Brethren: Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

GOSPELS Matthew 15:21-28 At that time, Jesus went out from there and departed to the region of Tyre and Sidon. And behold, a woman of Canaan came from that region and cried out to Him, saying, "Have mercy on me, O Lord, Son of David! My daughter is severely demon-possessed." But He answered her not a word. And His disciples came and urged Him, saying, "Send her away, for she cries out after us." But He answered and said, "I was not sent except to the lost sheep of the house of Israel." Then she came and worshiped Him, saying, "Lord, help me!" But He answered and said, "It is not good to take the children's bread and throw it to the little dogs." And she said, "Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters' table." Then Jesus answered and said to her, "O woman, great is your faith! Let it be to you as you desire." And her daughter was healed from that very hour.

Matthew 5:14-19 Our Lord said: "You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven. Do not think that I came to destroy the Law or the Prophets. I did not come to destroy but to fulfill. For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled. Whoever therefore breaks one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but whoever does and teaches them, he shall be called great in the kingdom of heaven."

Prayer List

Memory Eternal: Taisa, Natalie; Andy; Fr. John Bohush, Fr. Michael Slovesko; Tekla; Stephen; John; Fr. John, Fr. Michael, Fr. Michael. All the departed named for St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom. All those taken from us by the Coronavirus, by sickness, violence, injury and disaster.

For Health: Fr. Jason Kappanadze, Fr. Nicholas Harris, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Michael Oleksa; Fr. Moses Berry; Fr. Joseph Chupeck; Rdr. Thomas & Mildred, children Andrew, Myra & Ezekiel; Judy; Christopher; Hannah; Nina, Lydia; Donald; John; Nancy, Belva; child Olivia; John; Deborah; Ann; Christa; Ilsa; Scott & Casey, Steven; Juliana; Antonina; Ryan; James; Child Hannah, Joshua, Chloe, Helen, Kathleen, Erica, Sherri, Mary; Ruth, Harriet, Katherine, Kristin, Sierra, Kate, David; catechumen Carrie Matrona.

Diocesan Prayer Requests: Archbishop BENJAMIN; Abbot Seraphim (Holy Cross Monastery, Wayne WV); Mitred Archpriests Fr. Joseph Lickwar, Fr. Kyril Riggs and Fr. George Larin; Archimandrite Seraphim; Fr. Matthew & Mat. Barbara Searfoorce; Fr. Christos; Subdeacon Nilus & Juliana; Subdeacon Christopher; Timothy, Gregory, Nicole, Paulina, Gennadi, child Gemma; Dan; Nicholas; Richard, Gregory, Judith, June, Raymond, Katerina, Joyce, Chris, Fiona, Emily, Cameron, Joseph, DaEun, Tony, Josephine, Stephen, Gregory, Hector, Joanne, Constantina, Demetri, Michael, Craig, Laura, Cecilia, Mikaila & Craig Jr.; John, Danielle, Patricia; Laura and her child, Jacob, John; children Sophia and Elizabeth; Joseph; Sherry. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted with the Coronavirus and those caring for them, those afflicted by sickness, violence, injury, and disaster.

Name Days: All those named for St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom (1/30); Bridget Plummer (St. Bridget of Ireland, 2/1). **Birthdays:** Nancy Karney (2/4); John Kohena (2/5).

Anniversaries: Archbishop Michael (49th Anniversary of Priesthood, 2/4); John & Loueva Kohena (Wedding Anniversary, 2/5).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Gabriel	Justus	Samuel	

College Students: Anna McKane – Duke University •

Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England •
Nathan Devens – Elmira College • Larissa Cheplick – Daemen College

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

Jan. 29th – Feb. 4th:	Reader Samuel	Feb. 19th -Feb. 25th:	Reader Alexander
Feb. 5th – Feb 11th:	Mary Carol Haluszczak	Feb. 26th -March 4th:	Reader Samuel
Feb. 12th – Feb. 18th:	Reader Dmitri	(Memorial Liturgy 2/26)	

FALL/WINTER 2021 FELLOWSHIP HOUR SCHEDULE

Contact Mat. Tamara or Mat. Katie if you need a different date.

JANUARY

30 Cowan Family

FEBRUARY

6 Haluszczak / Holobinko Families
13 Super Bowl Chili Cook-Off – Sign Up to Enter
20 Charlanow Families
27 Meatfare Sunday – Karney Family

DONATIONS WELCOME FOR OUR NEXT FOOD SALE

To help offset expenses for our next Food Sale, coming up this Spring,
please consider donating **large cans of tomato soup** and **large cans of tomato juice**.

Please see Rdr. Alex Charlanow if you have questions, and to find out where to bring your donated goods. *Thank you!*