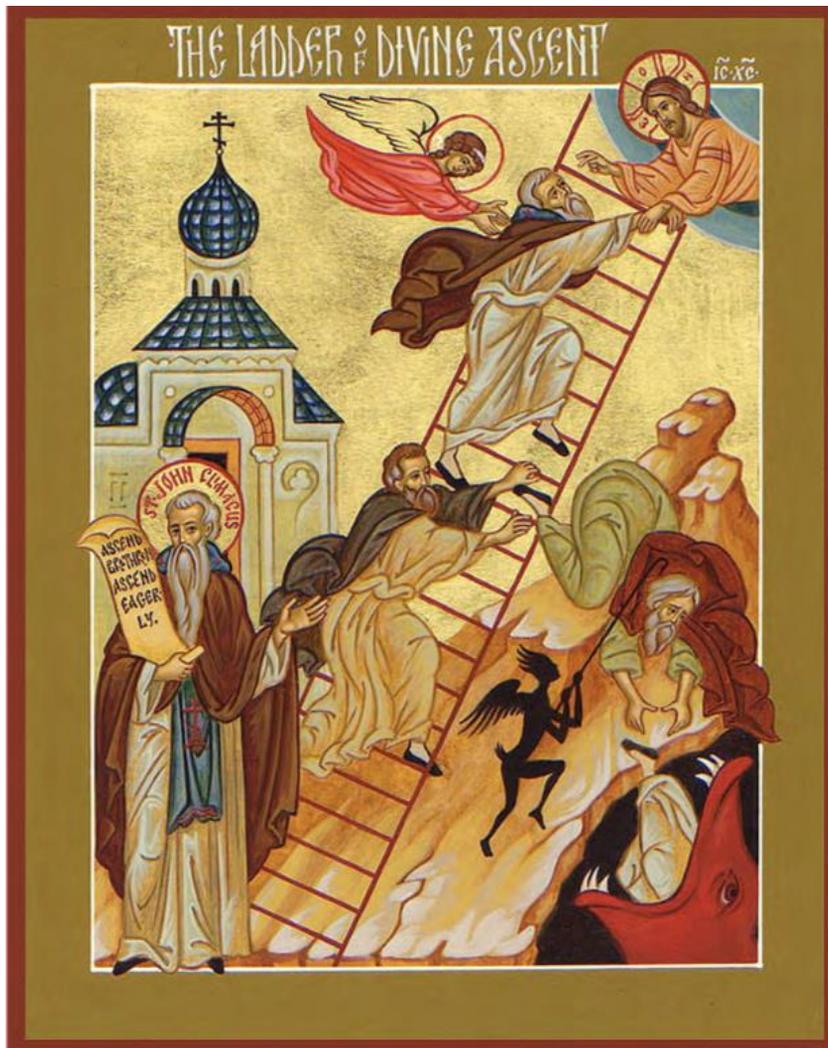


HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, April 3, 2022: Saint John of the Ladder Fourth Sunday of Great Lent – Tone 8

We will serve the Pre-Sanctified Liturgy this Wednesday morning, April 6, at 9:00 AM.

This is especially for anyone who cannot come to the evening services.

Please take this opportunity to participate in this beautiful Lenten mid-week service!

His Eminence, Archbishop MICHAEL, will visit us on Friday evening, April 8.

The Liturgy of the Pre-Sanctified Gifts begins at 6:30 PM.

Pot Luck Fellowship with Archbishop Michael will follow the Pre-Sanctified Liturgy.

Please contact Matushka Tamara to offer to bring a Lenten dish or dessert.

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Fourth Sunday of Lent: Saint John of the Ladder (Saint John Climacus)

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy followed by Fellowship Hour (No Church School / Teen Group Today)
At Fellowship Hour: Food Sale Fund-Raiser Planning Meeting

Wednesday, April 6

9:00 AM Liturgy of the Pre-Sanctified Gifts

Thursday, April 7

6:30 PM Great Canon of St. Andrew of Crete, with Reading of the Life of St. Mary of Egypt

Friday, April 8

6:30 PM Liturgy of the Pre-Sanctified Gifts – Archbishop Michael, Celebrant
Lenten Pot Luck Fellowship Afterward, with Archbishop Michael

Saturday, April 9

4:00 PM Youth Choir Rehearsal

5:00 PM Great Vespers; Private Confession Available Afterward

Sunday, April 10 – Fifth Sunday of Lent: Saint Mary of Egypt

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy followed by Fellowship Hour, Church School and Teen Group

USE A TEXT MESSAGE OR THE WORLD WIDE WEB TO CONTRIBUTE TO YOUR PARISH – ONCE OR REGULARLY:

- Text the word "give" to (607) 304-3222; or
- Online: Visit <https://htocelny.breezechms.com/give/online>

Whichever way you choose, you will be guided through instructions to set up a recurring donation (weekly, every 2 weeks, monthly, or yearly) or a one-time donation.

If possible, please check the box on the screen that says:

"Add \$__._ to cover the processing fee".

This ensures that the parish receives the full amount of your intended stewardship, if you cover the processing fee of about 3 percent of your donation.

If you select an automatic, repeating donation, this helps the parish to receive your stewardship even on Sundays when you are not in church – maintaining the regular funding needed to support the ministries and regular operations of Holy Trinity Church.

Thank you!

A VISION FOR NEW BELLS!

At the 2022 Annual Meeting, the parish embraced the vision of acquiring more bells for our church. Thus far, **\$10,750** has been pledged and donated. We are working with an American Orthodox Christian bell seller to learn how much funding will be required to acquire new bells and build a structure to house them. Donations to the Bell Fund are welcome and greatly appreciated!



TODAY'S SCRIPTURE READINGS

EPISTLE Hebrews 6:13-20 Brethren: When God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a High Priest forever after the order of Melchizedek. **Ephesians 5:9-19** Brethren: Walk as children of the light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart. **GOSPEL Mark 9:17-31** At that time, one of the crowd answered and said to Jesus, "Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not. He answered him and said, "O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me." Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth. So He asked his father, "How long has this been happening to him?" And he said, "From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us." Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it: "Deaf and dumb spirit, I command you, come out of him and enter him no more!" Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when He had come into the house, His disciples asked Him privately, "Why could we not cast it out?" So He said to them, "This kind can come out by nothing but prayer and fasting." Then they departed from there and passed through Galilee, and He did not want anyone to know it. For He taught His disciples and said to them, "The Son of Man is being betrayed into the hands of men, and they will kill Him. And after He is killed, He will rise the third day." **Matthew 4:25-5:12** At that time, great multitudes followed Jesus – from Galilee, and from Decapolis, Jerusalem, Judea, and beyond the Jordan. And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him. Then He opened His mouth and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be filled. Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you."-*

Prayer List

Memory Eternal: Taisa, Eugenia, Pani Sarah Ellis, Al; Pauline, Sister Nonna; James, Olga, Nathan, Terry, Mary, Sara, Edward; William, Victoria, George, Joseph, Catherine, Helen, James, Sandy, Linda, Helen, Fran, Dan. Ever-memorable Antoinette Adamovich (+4/7/1994). All those taken from us by the Coronavirus, by sickness, violence, injury and disaster.

For Health: Newly Chrismated Ann Mustico and Carrie Matrona Hooper; Fr. Jason Kappanadze, Fr. Nicholas Harris, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Michael Oleksa; Fr. Moses Berry; Fr. Joseph Chupeck; Rdr. Thomas & Mildred, Rdr. Gabriel; Deacon John Hubchuck; Manya Turic; Shirley Cheplick; James Cowan; child Verity; Patrick Karney; Joan; Peter; Samuel, Julie; Dalona and her children Rhianna, Ashton, Domanick & LilyAnn; Yuliya; Lidia; Rachel and the child to be born to her; Juliana; John; Nancy; Christa; Ilsa; Scott & Casey, Steven; Antonina; Ryan; Deborah; Child Hannah, Joshua, Helen, Kathleen, Erica, Sherri, Ruth, Harriet, Katherine, Kristin, Sierra, Kate, David; and catechumens Charles and Sue.

Diocesan Prayer Requests: Archbishop PAUL (OCA Diocese of the Midwest); Archbishop BENJAMIN; Fr. Michael & Mat. Juliana Speck; Fr. Sophrony Royer; Fr. David, Deacon David, Mat. Johanna & Reader Daniel Donch; Reader Fredric; Nun Anna; Mary Ann; Gregory, Boris; George; Porfira; Vanessa; Tatiana, Andrey, Martha; children Catherine, Josephine, Daniel & Isaiah; Deryl, Kristina; Michael, Iliya, Renee, Marie; Stephen, children Michael & John, Anastasia; Michele; Scott, Rebecca, Hannah, Elizabeth, Zach, Stephanie. In Ukraine: Fr. Andriy; Matthew; Irina. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted with the Coronavirus and those caring for them, those afflicted by sickness, violence, injury, and disaster. **Birthdays:** Mary-Carol Haluszczak (4/3), Christina (4/5), Vera (4/5), Michael Karney (4/7), Archimandrite Sergius (4/8); Kathleen Kohena (4/8), Ryan DeSocio (4/9).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Gabriel	Justus	Samuel	

College Students: Anna McKane – Duke University •

Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England •

Nathan Devens – Elmira College • Larissa Cheplick – Daemen College

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

April 2 – April 8 (5th Week of Great Lent)	Reader Samuel	April 16 – April 23	All Readers, Assigned at Church
April 9 – April 15 (6th Week of Great Lent)	Reader Dmitri	April 24: Holy PASCHA April 30 – May 6	Reader William Mary-Carol Haluszczak

WINTER 2022 FELLOWSHIP HOUR SCHEDULE

Contact Mat. Tamara or Mat. Katie if you need a different date.

APRIL (April 1 – 23: Fasting from Meat and Dairy)

3 Urda, Cusick, Speen Families

10 Payzant & Dudek Families

17 Cowan Family

24 Paschal Agape

FELLOWSHIP HOUR SUPPLY DONATIONS ALSO WELCOME:

Small & Large Plates – Cold Cups – Napkins

DONATIONS WELCOME FOR OUR NEXT FOOD SALE

To help offset expenses for our next Food Sale, coming up this Spring,
please consider donating **large cans of tomato soup** and **large cans of tomato juice**.

Please see Rdr. Alex Charlanow if you have questions, and to find out where to bring your donated goods. **Thank you!**

Coming up for our YOUTH & FAMILIES

- Friday, 4/8 Presanctified Liturgy with Archbishop Michael and Potluck Fellowship
- Saturday, 4/9 Youth Choir  Rehearsal 4pm
- Lazarus Saturday, 4/16 Children's & Families' Confessions 9am
10am Liturgy followed by Pancake Breakfast
& Decorating the Church with Palms 
- Holy Friday, 4/22 Decorating our Lord's Tomb with Flowers  10:30am
Teen Group Watch Before the Tomb 11pm-1am (sign up with Fr. David)
- Holy Saturday, 4/23 10am Vespereal Liturgy with 15 Old Testament Readings 
read by our Youth (sign up with Mat. Tamara)



The poster features a background image of people kayaking on a lake. In the top left, there is a green Christmas tree icon with a cross on top. The text 'St. Andrew's Camp' is in green and blue, 'Summer 2022' is in blue, and 'Save the Dates!' is in white with a drop shadow. Below the image, a green box contains the schedule for five weeks.

Week 1: Sunday, July 3 - Friday, July 8 -- Family Week

Week 2: Sunday, July 10 - Saturday, July 16 -- Horse Week 1

Week 3: Sunday, July 17 - Saturday, July 23 -- Mish Mash Week

Week 4: Sunday, July 24 - Saturday, July 30 -- Horse Week 2

Week 5: Sunday, July 31 - Saturday, August 6 -- Teen Week

standrewscamp.org



Great Lent and PASCHA 2022 at Holy Trinity Orthodox Church, Elmira Heights

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APRIL – MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>3</u> ST. JOHN / LADDER 8:40 AM 3 rd & 6 th Hours 9:00 AM Liturgy; Fellowship Hour; Church School & Teen Group	<u>4</u> 5 TH MONDAY	<u>5</u> 5 TH TUESDAY	<u>6</u> 5 TH WEDNESDAY 9:00 AM Pre-Sanctified Liturgy	<u>7</u> 5 TH THURSDAY 6:30 PM Great Canon of St. Andrew, Life of St. Mary of Egypt	<u>8</u> 5 TH FRIDAY 6:30 PM Pre-Sanctified Liturgy with Archbishop Michael; Fellowship with the Archbishop Follows	<u>9</u> 5 TH SATURDAY 4:00 PM Youth Choir 5:00 PM Great Vespers and Private Confession
<u>10</u> ST. MARY OF EGYPT 8:40 AM 3 rd & 6 th Hours 9:00 AM Liturgy; Fellowship Hour; Choir Rehearsal; Church School & Teen Group	<u>11</u> 6 TH MONDAY	<u>12</u> 6 TH TUESDAY	<u>13</u> 6 TH WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy	<u>14</u> 6 TH THURSDAY	<u>15</u> 6 TH FRIDAY 9:00 AM Pre-Sanctified Liturgy	<u>16</u> LAZARUS SAT. 9:00 AM Children's & Families' Confessions 9:40 AM 3 rd and 6 th Hour 10 AM Liturgy; Breakfast; Decorating the Church 5:00 PM Vespers & Utya, palm Sunday; Blessing Palms&willows; Confession
<u>17</u> PALM SUNDAY 8:40 AM 3 rd & 6 th Hours 9:00 AM Liturgy; Blessing of Palms & Willows; Fellowship Hour; Church School & Teen Group 5:00 PM Bridgroom Matins; Confessions After	<u>18</u> HOLY MONDAY	<u>19</u> HOLY TUESDAY	<u>20</u> HOLY WEDNESDAY 5:30 PM Confessions 6:30 PM Pre-Sanctified Liturgy, Followed by Holy Unction and Anointing	<u>21</u> HOLY THURSDAY 10:00 AM Vespers Liturgy, Holy Thursday	<u>22</u> GREAT & HOLY FRIDAY 9:00 AM Royal Hours 10:30 AM Decorating 3:00 PM Vespers of Holy Friday; Light Meal After 7:00 PM Matins with Procession of Shroud; Teen Watch at the Tomb	<u>23</u> HOLY SATURDAY 10:00 AM Vespers Liturgy, Holy Saturday 11:30 PM Nocturns, Procession, Matins, Liturgy of PASCHA, Bless Baskets, Agape Breakfast
<u>24</u> HOLY PASCHA 1:00 PM Vespers of PASCHA	<u>25</u> BRIGHT MONDAY 9:30 AM Paschal Hours 10:00 AM Paschal Divine Liturgy of Bright Monday, with Cross- Procession Outside	<u>26</u> BRIGHT TUESDAY	<u>27</u> BRIGHT WEDNESDAY	<u>28</u> BRIGHT THURSDAY	<u>29</u> BRIGHT FRIDAY	<u>30</u> BRIGHT SATURDAY 5:00 PM Great Vespers and Private Confession
<u>MAY 1</u> ST. THOMAS 8:40 AM 3 rd & 6 th Hours 9:00 AM Liturgy; Fellowship Hour; Church School & Teen Group	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>