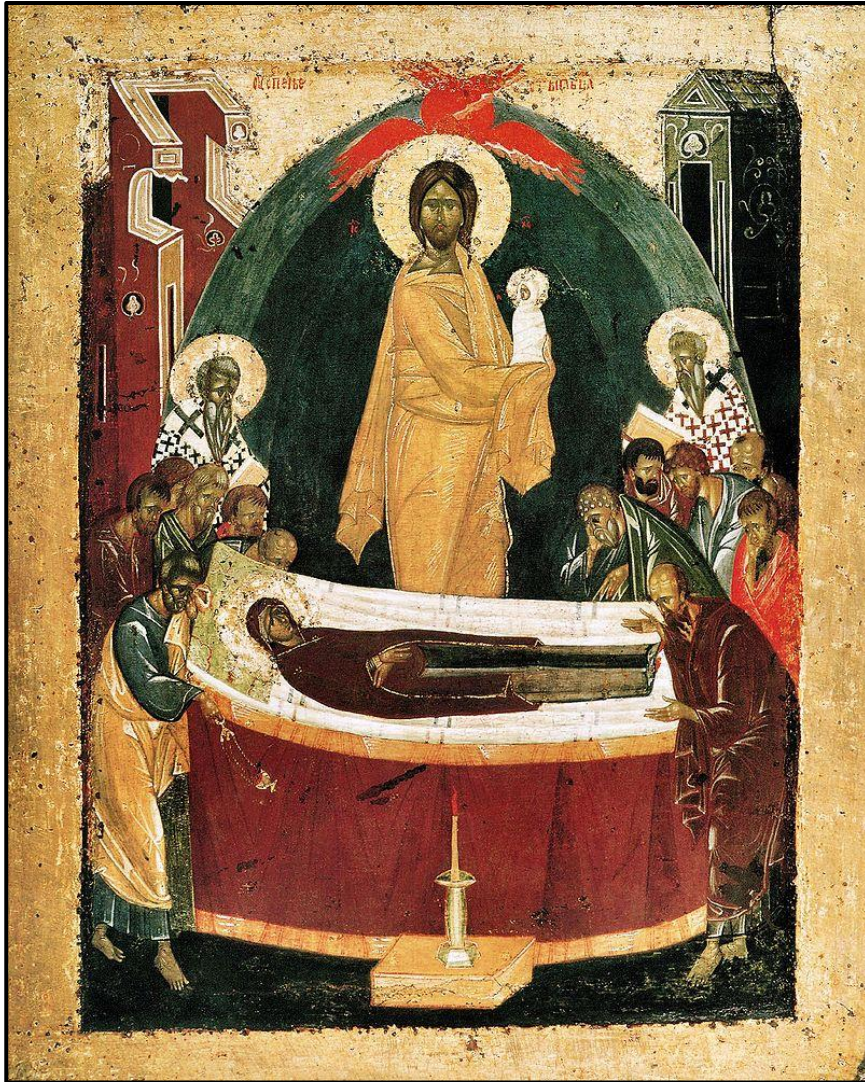


# HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



**Sunday, August 21, 2022 – Tone 1**

**10<sup>th</sup> Sunday After Pentecost**

**Afterfeast of the Dormition of the Theotokos**

**Holy Apostle, Saint Thaddaeus of the Seventy**

**Food Sale Planning Meeting –  
Today, During Fellowship Hour  
Thank you for your participation!**

## SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address [www.facebook.com/htocelmiraheights](https://www.facebook.com/htocelmiraheights)  
or go to [www.YouTube.com](https://www.YouTube.com) and search for "Holy Trinity Church Elmira Heights NY"

### Today – Sunday, August 21

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour Downstairs; Food Sale Planning Meeting

### Monday, August 22

6:30 PM Parish Council Meeting, in the Church

### Saturday, August 27

5:00 PM Reader Vespers, Led By Deacon Michael

**Sunday, August 28** – Please Welcome Fr. Dennis Hendershot, Celebrant

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour Downstairs

### TODAY'S SCRIPTURE READINGS

**EPISTLE: 1 Corinthians 4: 9-16** Brethren: I think that God has exhibited us apostles as last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill-clad and buffeted and homeless, and we labor, working with our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the offscouring of all things. I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the gospel. I urge you, then, be imitators of me.

**GOSPEL Matthew 17:14-23** At that time, when Jesus and His disciples had come to the multitude, a man came to Him, kneeling down to Him and saying, "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So I brought him to Your disciples, but they could not cure him." Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me." And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting." Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men, and they will kill Him, and the third day He will be raised up." And they were exceedingly sorrowful.

## MARK YOUR CALENDARS:

## A PRAYER SERVICE & VEHICLE BLESSING For Our LOCAL FIRST RESPONDERS

POLICE • FIRE • AMBULANCE

## AND – OUR ANNUAL PARISH PICNIC

**Sunday, Sep. 11, 2022; 12:00 Noon**

## Prayer List

**Memory Eternal:** Reader Michael Mellin; David and his daughter Mackenzie; soldier Andrej; Reader John Economou; Matushka Patricia Bohush; Matushka Anne Hopko, Helen; Mary Ellen; Simona; Monk Arseny; Isabel, Patricia, Rahmin; Kathleen Behuniak; Elinor; Elfriede; Elaine; Paul, Susan; Valeriy; John, Kevin, Dorothy, Ann, Nadja, Nadja, Charatina, Mary, Mary. All those taken from us by the Coronavirus, by sickness, violence, injury and disaster.

**For Health:** Fr. Jason Kappanadze, Fr. Nicholas Harris, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Moses Berry; Fr. Joseph Chupeck; Matushka Kathleen White; Matushka Rebekah; Rdr. Thomas & Mildred, Rdr. Samuel & Kathryn; Catechumen Sarah; Veronica; Luka & Elena; Natalie; Bo & Caitlyn; Arnold; Brian; James; Dmitri; Deborah; Kathleen; Despina, George, Konstantinos, Mikaela & Danaie; expecting mothers Larissa, Laura, and the children to be born to them; Rachel and newborn daughter Avery; Julie; Michael & Manya; John; Nancy; Christa; Ilsa; Scott & Casey, Steven; Antonina; Ryan; Child Hannah, Joshua, Helen, Kevin, Erica, Sherri, Ruth, Harriet, Katherine, Kristin, Sierra, Kate, David, Kyriakos; and catechumens Charles, Sue, Amy, Stephen, and Verity.

**Diocesan Prayer Requests:** His Beatitude, Metropolitan HERMAN; Archbishop BENJAMIN; Fr. Joseph & Matushka Shirley Lickwar; Fr. Joseph & Matushka Kathy Toroney; Fr. John Bartholomew; Fr. Peter Baktis; Pani Joan Mahler; Matushka Sandee; Rdr. Fredric; Rdr. Martin; Rdr. Joshua, Sophia & Michael; Monk James Silver; Peter; Georgiana, Alice; Eva; Bill, Carrie; Arlene; child Kalliopi; Valeriya and the son to be born of her; Michael, Melissa, Bryan, Mary, Mackenzie, Meredith; Alexander; Alexander, Elizabeth and the child to be born of her; Olivier, Angelica, Gabriel; Veronica; Christian; child Gideon. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted with the Coronavirus and those caring for them, those afflicted by sickness, violence, injury, and disaster. **Name Days:** Natalie Karney (St. Natalia of Nicomedia, 8/26). **Birthday:** Matushka Margaret Kappanadze (8/23).

### Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Gabriel	Justus	Samuel	Gabriel
Michael	Hannah	Raphael	Verity	Anna	Julie	Michelle

**College Students:** Anna McKane – Duke University •

Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England •

Nathan Devens – SUNY Cobleskill • Larissa Cheplick – Daemen College • Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

## READERS' SCHEDULE

August 20-26: Reader William • August 27 – September 3: Mary Carol Haluszczak

## SUMMER 2022 FELLOWSHIP HOUR SCHEDULE

Contact Matushka Tamara or Matushka Katie if you need a different date.

**AUGUST:** 8/21 Cowan Family; 8/28 Karney Family

**SEPTEMBER:** 9/4 Payzant & Dudek Families; 9/11 Parish Picnic;

9/18 Urda, Cusick & Speen Families; 9/25 Cowan Family

**OCTOBER:** 10/1 Cheplick & Cheplick Families; 10/8 Haluszczak & Holobinko Families; 10/15 King, King-Styles & Lyon Families; 10/22 Charlanow Family; 10/29 Gomez & O'Brien Families

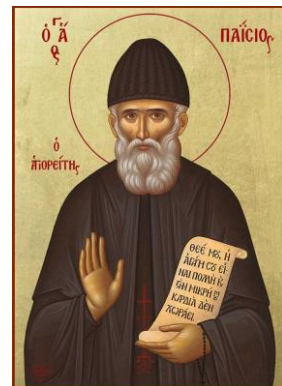
**NOVEMBER:** 11/5 Weeks & Turic Families; 11/12 Angelo & McKane Families;

11/19 Karney Family; 11/26 Cowan Family

## WISDOM FROM A MODERN ELDER...

"In any case, I have found that when a man, while struggling, continues to make the same mistakes and does not change, the reason is usually egoism, self-love and self-interest. Humility and love are missing, thus blocking divine intervention. The person himself does not allow God to help him."

(Elder St Paisios, 'Spiritual Struggle')



# THE 12 GREAT FEASTS OF THE CHURCH YEAR

Wednesday-Thursday, September 7-8:

The Nativity of the Mother of God (Theotokos)

Tuesday-Wednesday, September 13-14:

The Exaltation of the Cross

Sunday-Monday, November 20-21:

Entrance of the Mother of God in the Temple

Saturday-Sunday, December 24-25:

Nativity of Our Lord and Savior, Jesus Christ

Thursday-Friday, January 5-6, 2023:

Theophany (Baptism) of Our Lord, Jesus Christ

The Blessing of Water; Home Blessings Begin

Wednesday-Thursday, February 1-2:

Meeting of Our Lord Jesus in the Temple

The Blessing of Candles

Friday-Saturday, March 24-25

Annunciation of Archangel Gabriel to the Theotokos

Saturday-Sunday, April 8-9

Palm Sunday ~ Entry of Our Lord into Jerusalem

Blessing of Palms and Pussy Willows

**Holy Saturday to Pascha Sunday, April 15-16:**

**The Feast of Feasts ~ PASCHA ~ The Resurrection of Jesus Christ**

Wednesday-Thursday, May 24-25:

Ascension of Our Lord Jesus Christ

Saturday-Sunday, June 3-4: Our Parish Feast,

Pentecost ~ Descent of the Holy Spirit

Sunday-Monday, August 5-6:

Transfiguration of Our Lord Jesus Christ

Blessing of Fruit

Monday-Tuesday, August 14-15:

Dormition (Falling-Asleep) of the Mother of God

Blessing of Flowers