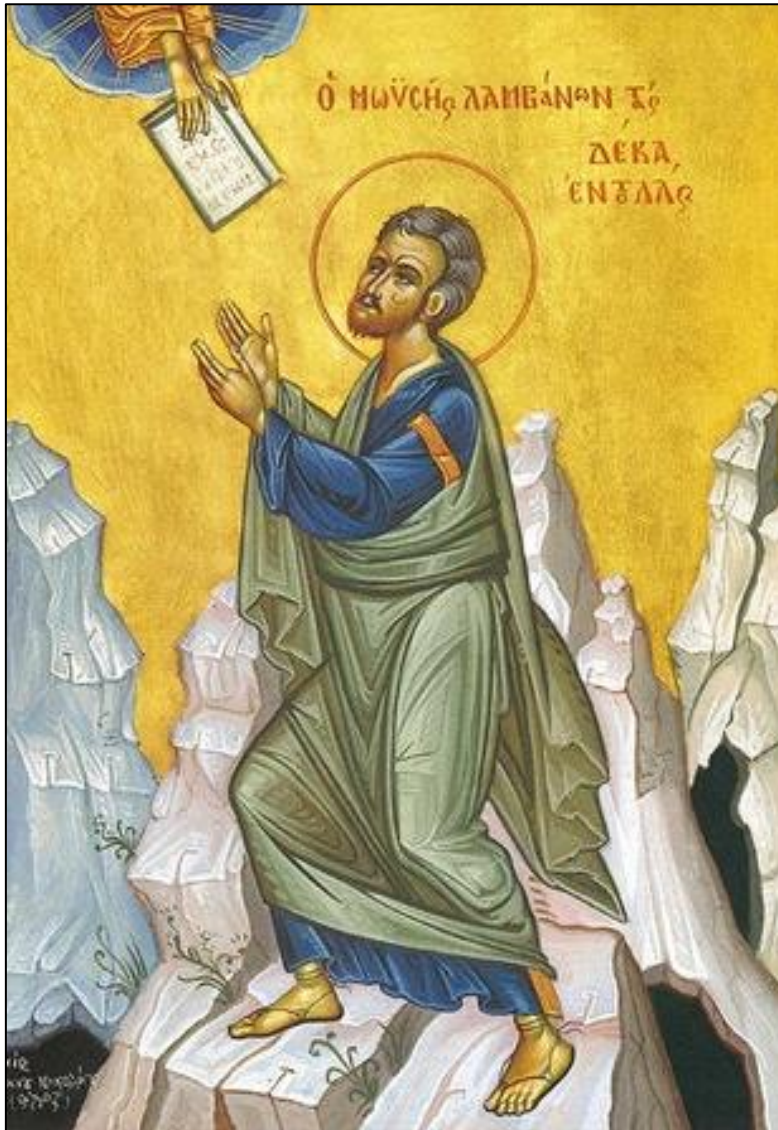


HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, September 4, 2022 – Tone 3

12th Sunday After Pentecost

Holy Prophet and God-Seer Moses

Please Help Prepare for the Parish Picnic Next Sunday!

Saturday, After Vespers (which starts at 5 PM): Set Up Tents, Tables, Chairs

Someone with a Pickup Truck: Please help us drive tables from the Ministry Hall over to the Church yard.

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights
or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Sunday, September 4

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour Downstairs

Wednesday, September 7 – Eve of the Nativity of the Most-Holy Mother of God

6:30 PM Great Vespers & Litya

Thursday, September 8 – Great Feast of the Nativity of the Most-Holy Mother of God

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy

Saturday, September 10

5:00 PM Great Vespers; Private Confession Available Afterward

After Vespers: Setup for Parish Picnic Next Day; All Volunteers Welcome and Appreciated!

Sunday, September 11

8:40 AM Third and Sixth Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour Downstairs and Preparation for Our Guests

12:00 Noon Service of Blessing for First Responders – Police, Fire, Ambulance Personnel & Vehicles,
Followed by Parish Picnic!

TODAY'S SCRIPTURE READINGS

EPISTLE 1 Corinthians 15:1-11 Brethren: Now I would remind you in what terms I preached to you the gospel, which you received, in which you stand, by which you are saved, if you hold it fast—unless you believed in vain. For I delivered to you as of first importance what I also received, that Christ died for our sins in accordance with the scriptures, that He was buried, that He was raised on the third day in accordance with the scriptures, and that He appeared to Cephas, then to the twelve. Then He appeared to more than five hundred brethren at one time, most of whom are still alive, though some have fallen asleep. Then He appeared to James, then to all the apostles. Last of all, as to one untimely born, He appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God which is with me. Whether then it was I or they, so we preach and so you believed.

GOSPEL Matthew 19:16-26 At that time, one came and said to Jesus, "Good Teacher, what good thing shall I do that I may have eternal life?" So He said to him, "Why do you call Me good? No one is good but One, that is, God. But if you want to enter into life, keep the commandments." He said to Him, "Which ones?" Jesus said, "'You shall not murder,' 'You shall not commit adultery,' 'You shall not steal,' 'You shall not bear false witness,' 'Honor your father and your mother,' and, 'You shall love your neighbor as yourself.'" The young man said to Him, "All these things I have kept from my youth. What do I still lack?" Jesus said to him, "If you want to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me." But when the young man heard that saying, he went away sorrowful, for he had great possessions. Then Jesus said to His disciples, "Assuredly, I say to you that it is hard for a rich man to enter the kingdom of heaven. And again I say to you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God. When His disciples heard it, they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

Church School and Teen Group will Start Sunday, September 18

At the end of the Liturgy that day, students and teachers will gather for a Blessing to Begin the School Year. Families, please mark your calendars!

Prayer List

Memory Eternal: His Eminence, Metropolitan KALLISTOS; Reader Michael Mellin; David and his daughter Mackenzie; soldier Andrej; Reader John Economou; Matushka Patricia Bohush; Matushka Anne Hopko, Helen; Mary Ellen; Simona; Monk Arseny; Isabel, Patricia, Rahmin; Kathleen Behuniak; Elinor; Elfriede. All those taken from us by the Coronavirus, by sickness, violence, injury and disaster.

For Health: Fr. Jason Kappanadze, Fr. Nicholas Harris, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Moses Berry; Fr. Joseph Chupeck; Matushka Patricia Mason, Matushka Kathleen White; Matushka Rebekah; Rdr. Thomas & Mildred, Mother Nektaria; Catechumen Sarah; Veronica; Luka & Elena; Natalie; Bo & Caitlyn; Arnold; Brian; James; Dmitri; Deborah; Kathleen; Despina, George, Konstantinos, Mikaella & Danaie; expecting mothers Larissa, Laura, and the children to be born to them; Rachel and newborn daughter Avery; Julie; Julie; Michael & Manya; John; Nancy; Christa; Ilsa; Scott & Casey, Steven; Antonina; Ryan; Child Hannah, Joshua, Helen, Kevin, Erica, Sherri, Ruth, Harriet, Katherine, Kristin, Sierra, Kate, David, Nicholas, Kyriakos; and catechumens Charles, Sue, Amy, Stephen, and Verity.

Diocesan Prayer Requests: Metropolitan HERMAN; Archbishop MELCHISEDEK; Archbishop BENJAMIN; Fr. Joseph & Matushka Kathy Toroney; Rdr. Fredric; Rdr. Martin; Rdr. Joshua, Sophia & Michael; Monk James Silver; Anna; Peter; Georgiana, Alice; child Gideon. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted with the Coronavirus and those caring for them, those afflicted by sickness, violence, injury, and disaster. **Name Day:** Anna McKane (St. Anna, Mother of the Theotokos, 9/9). **Birthdays:** Patrick Karney (9/10).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Anysia
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Larissa	Julianna	Nadia	Gabriel	Justus	Samuel	Gabriel
Michael	Hannah	Raphael	Verity	Anna	Julie	Michelle

College Students: Anna McKane – Duke University •

Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England •

Nathan Devens – SUNY Cobleskill • Larissa Cheplick – Daemen College • Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

Sept. 10th – 16th: Reader William (Exaltation of the Holy Cross – 9/13 & 9/14)

Sept. 17th – 23rd: Reader Dmitri ♦ Sept. 24th – 30th: Reader Alexander

October 1st – 7th: Mary Carol Haluszczak ♦ October 8th – 14th: Reader Samuel

October 15th – 21st: Reader William ♦ October 22nd – 28th: Reader Dmitri (Memorial Demetrius Saturday – 10/22)

October 29th – Nov. 4th: Reader Alexander

FALL 2022 FELLOWSHIP HOUR SCHEDULE

Contact Matushka Tamara or Matushka Katie if you need a different date.

SEPTEMBER: 9/4 Payzant & Dudek Families; 9/11 Parish Picnic;

9/18 Urda, Cusick & Speen Families; 9/25 Cowan Family

OCTOBER: 10/1 Cheplick & Cheplick Families; 10/8 Haluszczak & Holobinko Families;
10/15 King, King-Styles & Lyon Families; 10/22 Charlanow Family; 10/29 Gomez & O'Brien Families

NOVEMBER: 11/5 Weeks & Turic Families; 11/12 Angelo & McKane Families;

11/19 Karney Family; 11/26 Cowan Family

New Reimbursement Policy Adopted

Occasionally, parishioners will purchase items for the parish and receive reimbursement, upon turning in a receipt to the Treasurer. In order to sustain a healthy cash flow for the church's main operating account, the Parish Council has adopted a policy that up to 30 days are allowed from the submitting of your receipt to the payment of the reimbursement. Thank you for your understanding and generosity!

HOLY TRINITY FALL HIKE **at Watkins Glen Gorge**



Saturday, October 1

12:00pm - 3:00pm

Meet at Watkins Glen Gorge

After Hike: Pudgies Pizza

Everyone Welcome!

**Honoring First Responders, Living and Departed
and the Fallen of 9/11/2001**

**HOLY TRINITY ORTHODOX CHURCH
of ELMIRA HEIGHTS invites you to the 2nd Annual:**

**PRAYER SERVICE & VEHICLE BLESSING
For Our LOCAL FIRST RESPONDERS**

POLICE



FIRE



AMBULANCE



Sunday, Sep. 11, 2022; 12:00 Noon

Prayer Service & Vehicle Blessing

Followed by Parish Picnic – Guests, please stay and eat!



**139 Horseheads Blvd, at Harrison St, Elmira Heights
732-3980 • info@holytrinityorthodoxchurch.org**



Joy for the Universe

Think of a time when you wanted a toy or treat so much, that you *just had to have it*, but couldn't get it. That must have been very frustrating.

↔ *Patience and Faith*

Today, we celebrate the **birth of the Virgin Mary** as an important moment leading to the birth of Jesus Christ. For many years, Mary's parents, Joachim and Anna, couldn't have children. As they got older, they probably accepted the reality it wasn't going to happen.

We know through the **tradition of the Church**, that Joachim and Anna were faithful to God, **patiently accepting His will** for them, even if it meant no children.

Joy and Blessings

So, imagine their surprise and joy when, as a very old couple, they were holding in their arms, their very own newborn daughter, **Mary**. What joy and excitement they must have felt, receiving the miracle of a child, truly a blessing, rewarding their years of **patience and faith in God**.

Joachim and Anna were excited simply because they had a daughter. They didn't know what **Mary's birth** would mean for the nation of Israel or humanity. But we, living thousands of years later, know that **today's feast is important** because Mary's birth ultimately leads to **Christ's birth** in the cave on Christmas.

Birthday Present

Mary's birth can be a reminder for us that **God's will for each of us is unique**, and can be a **source of joy and blessings** for us. We may not understand the why or when of what happens in our life, and that's ok. It's not possible for us to fully understand God's plan for us: it is often a **mystery**.

That mystery can be like a **birthday present**, wrapped in colorful paper, in a particular shape. We cannot truly know the contents unless we open it. Our life in Christ is a gift from God, and we **trust Him** to always have our **best interests in mind**, because He loves us, like He loves Joachim and Anna, and all of humanity.

The **Virgin Mary is special for us**, because she is our spiritual mother, leading us to her Son and our God: Jesus Christ. Today, we **honor her**, giving thanks to God for the blessing of having **Mary as our intercessor in prayer**.

↔ **The Festal Hymns**

*to be sung or read on the feast of the
Nativity of the Mother of God
September 8*

Troparion — Tone 4

Your Nativity, O Virgin, has proclaimed joy to the whole universe!

The Sun of Righteousness, Christ our God, has shone from you, O Theotokos!

By annulling the curse, He bestowed a blessing.

By destroying Death, He has granted us eternal Life!

Kontakion — Tone 4

By your Nativity, O Most Pure Virgin, Joachim and Anna are freed from barrenness; Adam and Eve, from the corruption of death.

And we, your people, freed from the guilt of sin, celebrate and sing to you:

"The barren woman gives birth to the Theotokos, the nourisher of our life."

The Scripture Readings

*to be read on the feast of the
Nativity of the Mother of God
September 8*

Epistle: Philippians 2:5-11
Gospel: Luke 10:38-42; 11:27-28

Parents, Church School Teachers & Youth Directors:
Watch for the ↔ to indicate topics/questions you
can use to inspire conversations with youth. Or use
the corresponding study guide for this resource.