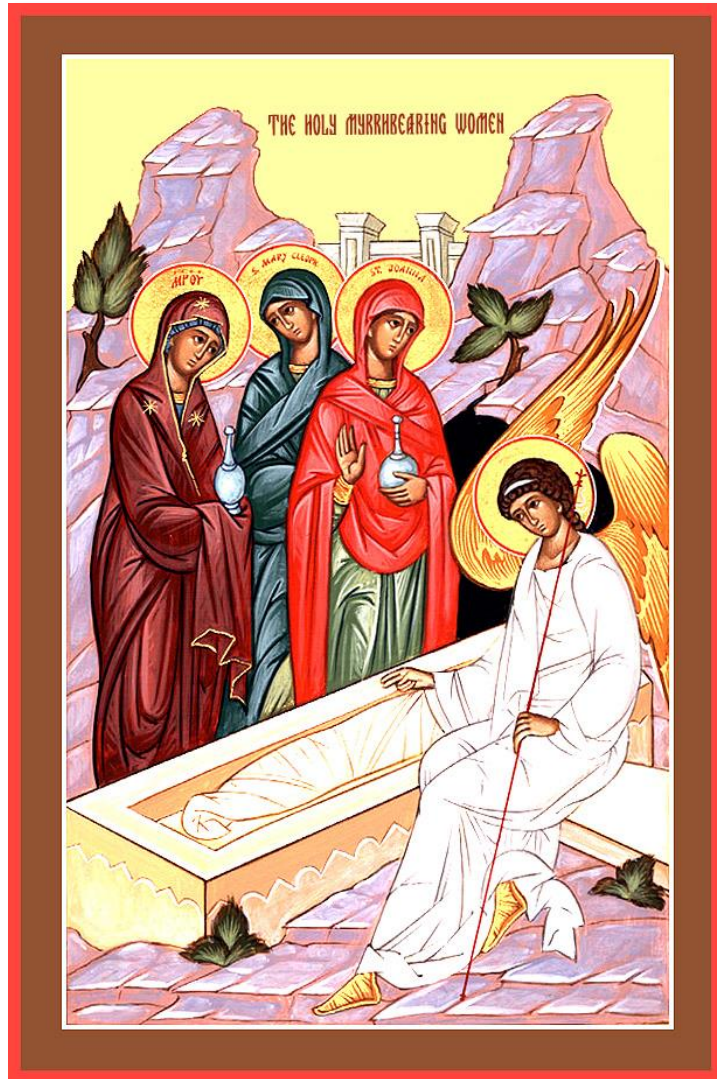


HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, April 30, 2023 – Third Sunday of Pascha

**The Myrrh-Bearing Women,
with St. Joseph of Arimathea & St. Nicodemus**

St. Tamara of Georgia;

Apostle James, Brother of St. John the Theologian

CHRIST IS RISEN! INDEED HE IS RISEN!

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights
or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Third Sunday of Pascha; The Myrrhbearing Women with Joseph of Arimathea and Nicodemus;
James, the Brother of John the Theologian; and Tamara, Queen of Georgia

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy followed by Fellowship Hour Downstairs, Church School & Choir Rehearsal

Monday, May 1

6:30 PM Akathist to Saint Tamara, Queen of Georgia

Saturday, May 6 – Welcoming His Eminence, Archbishop Michael

2:00 PM "Questions and Answers" with Archbishop Michael,
for Catechumens, Inquirers and the Newly-Orthodox

5:00 PM Great Vespers

After Vespers: Parish Council Dinner with Archbishop Michael – at the Rectory

Sunday, May 7 – Sunday of the Paralytic; Fourth Sunday of Pascha – Archbishop Michael, Celebrant

9:00 AM Greeting and Vesting of Archbishop Michael

3rd and 6th Hours;

Divine Liturgy; Followed by Festive Luncheon With Archbishop Michael, Downstairs



The poster features a background image of people kayaking on a lake. Text on the poster includes: "St. Andrew's Camp Summer 2023 Save the Dates!". A yellow starburst contains the text: "Volunteers are ALWAYS needed before, during and after the camping season! Contact us for more information." Below the image, a green box lists the following weeks:

- Week 1: Sunday, July 2 - Saturday, July 8 -- Horse Week 1
- Week 2: Sunday, July 9 - Saturday, July 15 -- Mish Mash Week 1
- Week 3: Sunday, July 16 - Saturday, July 22 -- Horse Week 2
- Week 4: Sunday, July 23 - Saturday, July 29 -- Teen Week 1
- Week 5: Sunday, July 30 - Saturday, August 5 -- Teen Week 2
- Week 6: Monday, Aug. 7 - Friday, Aug. 11 -- Family Week

standrewscamp.org

SIGN UP TO BRING A DISH NEXT SUNDAY – ARCHBISHOP'S VISIT

We look forward to a delicious Paschal Season Luncheon with our beloved Archbishop Michael on Sunday, May 7 following the Divine Liturgy.

Please use this link to see what is needed and sign up to bring a dish – OR contact me in person:

<https://www.signupgenius.com/go/30E0C4BABA82DA6FE3-sunday>

Thank you! – With love in our Risen Lord, Matushka Tamara

UPCOMING EVENTS TO KNOW ABOUT –

- **Archbishop Michael Visits Our Parish**, Sat.-Sun., May 6-7
- **Diocesan Young Adult Retreat**, Fri.-Sun., May 19-21, at St. Andrew's Camp
- **Altar Server Retreat**, Sat., May 20, Holy Resurrection Church, 285 French Hill Road, Wayne, NJ
- **Parish Council Conference on Stewardship**, Sat., June 17, Sts. Peter and Paul Church, Endicott

SCRIPTURE READINGS: EPISTLES Acts 6:1-7 Now in those days, when the number of the disciples was multiplying, there arose a complaint against the Hebrews by the Hellenists, because their widows were neglected in the daily distribution. Then the twelve summoned the multitude of the disciples and said, "It is not desirable that we should leave the word of God and serve tables. Therefore, brethren, seek out from among you seven men of good reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business; but we will give ourselves continually to prayer and to the ministry of the word." And the saying pleased the whole multitude. And they chose Stephen, a man full of faith and the Holy Spirit, and Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolas, a proselyte from Antioch, whom they set before the apostles; and when they had prayed, they laid hands on them. Then the word of God spread, and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith. **Acts 12:1-11 (Apostle James)** In those days, Herod the king stretched out his hand to harass some from the church. Then he killed James the brother of John with the sword. And because he saw that it pleased the Jews, he proceeded further to seize Peter also. Now it was during the Days of Unleavened Bread. So when he had arrested him, he put him in prison, and delivered him to four squads of soldiers to keep him, intending to bring him before the people after Passover. Peter was therefore kept in prison, but constant prayer was offered to God for him by the church. And when Herod was about to bring him out, that night Peter was sleeping, bound with two chains between two soldiers; and the guards before the door were keeping the prison. Now behold, an angel of the Lord stood by him, and a light shone in the prison; and he struck Peter on the side and raised him up, saying, "Arise quickly!" And his chains fell off his hands. Then the angel said to him, "Gird yourself and tie on your sandals"; and so he did. And he said to him, "Put on your garment and follow me." So he went out and followed him, and did not know that what was done by the angel was real, but thought he was seeing a vision. When they were past the first and the second guard posts, they came to the iron gate that leads to the city, which opened to them of its own accord; and they went out and went down one street, and immediately the angel departed from him. And when Peter had come to himself, he said, "Now I know for certain that the Lord has sent His angel, and has delivered me from the hand of Herod and from all the expectation of the Jewish people."

GOSPELS Mark 15:43 – 16:8 At that time, Joseph of Arimathea, a prominent council member, who was himself waiting for the kingdom of God, coming and taking courage, went in to Pilate and asked for the body of Jesus. Pilate marveled that He was already dead; and summoning the centurion, he asked him if He had been dead for some time. So when he found out from the centurion, he granted the body to Joseph. Then he bought fine linen, took Him down, and wrapped Him in the linen. And he laid Him in a tomb which had been hewn out of the rock, and rolled a stone against the door of the tomb. And Mary Magdalene and Mary the mother of James observed where He was laid. Now when the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome bought spices, that they might come and anoint Him. Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen. And they said among themselves, "Who will roll away the stone from the door of the tomb for us?" But when they looked up, they saw that the stone had been rolled away – for it was very large. And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him. But go, tell His disciples – and Peter – that He is going before you into Galilee; there you will see Him, as He said to you." So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid. **Luke 5:1-11** At that time, as the multitude pressed about Jesus to hear the word of God, He stood by the Lake of Gennesaret, and saw two boats standing by the lake; but the fishermen had gone from them and were washing their nets. Then He got into one of the boats, which was Simon's, and asked him to put out a little from the land. And He sat down and taught the multitudes from the boat. When He had stopped speaking, He said to Simon, "Launch out into the deep and let down your nets for a catch." But Simon answered and said to Him, "Master, we have toiled all night and caught nothing; nevertheless at Your word I will let down the net." And when they had done this, they caught a great number of fish, and their net was breaking. So they signaled to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. When Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord!" For he and all who were with him were astonished at the catch of fish which they had taken; and so also were James and John, the sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid. From now on you will catch men." So when they had brought their boats to land, they forsook all and followed Him.

Prayer List

Memory Eternal: Barbara; Luis; Sylvia; Matushka Carol; Reader Paul; Barbara; Andrew, George, Natalie; Matushka Galina Tkatschow; Lou, Father John; Jelica; Elizabeth; Sandra. Ever-memorable + Mary Petelchuk (birthday 4/30) and + Anna Simbalski (birthday 5/1). All the departed named for the Myrrhbearers: Mary, Martha, Joanna and Salome, Joseph, Nicodemus; Tamara; and James. All those taken from us by sickness, violence, injury and disaster.

For Health: Newly Illumined Verity, Sarah & Juliana; Fr. David Cowan; Matushka Kathryn Karney; Mat. Anastasia Molodyko-Harris; Fr. Jason Kappanadze, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Moses Berry; Fr. Joseph & Matushka Ellen Chupeck; Pani Joan Mahler; Matushka Patricia Mason; Rdr. Thomas & Mildred; Richelle; Carrie Matrona; Helena King-McGrath (preparing for surgery); Elizabeth (Sue) Hults; Kyra & Macrina; Eric; David & Christopher; James; Julie; Kathleen; Antonina; Nancy Elizabeth; Brooke; Elena; Tyler; James; Dmitri; Jessica & Alyssa and the children to be born of them; Deborah; Juliana; Many; John; Nancy; Christa; Ilsa; Scott & Casey, Steven; Ryan; Child Hannah, Joshua, Helen, Erica, Ruth, Harriet, Katherine, Kristin, Sierra, Kate, David; Michael, Holly; Nicholas, Natalya; Sergei; Anna; Kyriakos; Catechumens Stephen, Raychel, Jason, Oliver & Emory.

Diocesan Prayer Requests: Archbishop BENJAMIN; Bishop MATTHIAS; Archpriest Paul Shafran; Archpriest James Parsells; Archpriest John & Matushka Kathy Kowalczyk; Matushka Priscilla Shipley; Matushka Kathy Toroney; Rdr. Fredric; Larissa; Joanne, Martisa, Anthony, Joshua; Christianna & newborn son Sebastian; Nathaniel; Walter, Nicole, Melanie, Nicholas, Charles Joseph, Kevin, Al; Yvonne; Igor; Nana, Manana; Marcella, Spiro. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted by sickness, violence, injury, and disaster. **Name Days:** All those named for the Myrrhbearers: Mary, Martha, Joanna and Salome, with the Righteous Joseph and Nicodemus; Mat. Tamara (St. Tamara of Georgia, Sunday of the Myrrhbearers); all those named James (St. James, Son of Zebedee, 4/30); Jeremiah Shazer (Prophet Jeremiah, 5/1). **Birthdays:** Erica Groeger (5/1); Joshua Haluszczak (5/2), Alexei Cheplick (5/6).

Parish Children:

| | | | | | | |
|----------|----------|----------|---------|---------|----------|---------|
| Lucia | Hannah | Jeremiah | Andrew | Myra | Ezekiel | Aalyiah |
| Lydia | Natalie | Emilia | Patrick | Sophia | Dmitri | Jonah |
| Gabriel | Angelina | John | Thomas | Nikolai | Melania | Alexei |
| Julianna | Nadia | Gabriel | Justus | Samuel | Gabriel | Michael |
| Hannah | Raphael | Verity | Anna | Julie | Michelle | Aiden |
| Shea | Jack | Oliver | | | | |

College Students: Anna McKane – Duke University • Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England • Nathan Devens – SUNY Cobleskill • Larissa Cheplick – Daemen College •

Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

April 29th – May 6th: Reader William

May 6th – May 13th: Reader William (Archbishop Michael Visit); Epistle on May 7th – 2nd Deacon

May 13th – May 20th: Mary Carol Haluszczak

May 20th – May 27th: Matushka Tamara & Parish Youth (Leavetaking Pascha 5/24, Ascension 5/25)

May 27th – June 3rd: Reader Alexander

SPRING 2023 FELLOWSHIP HOUR SCHEDULE

Contact Matushka Tamara or Matushka Katie if you need a different date.

April 30 Angelo, Gomez & O'Brien Families ♦

May 7 Parish Pot Luck for Archbishop Michael's Visit ♦ May 14 Karney Family ♦

May 21 Haluszczak & Dudek Families ♦ May 28 King Families

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Father David at 732-3980, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

Funerals are celebrated for practicing Orthodox Christians who have not declined the Sacraments. **The Church opposes cremation; we cannot celebrate funerals for cremations.**