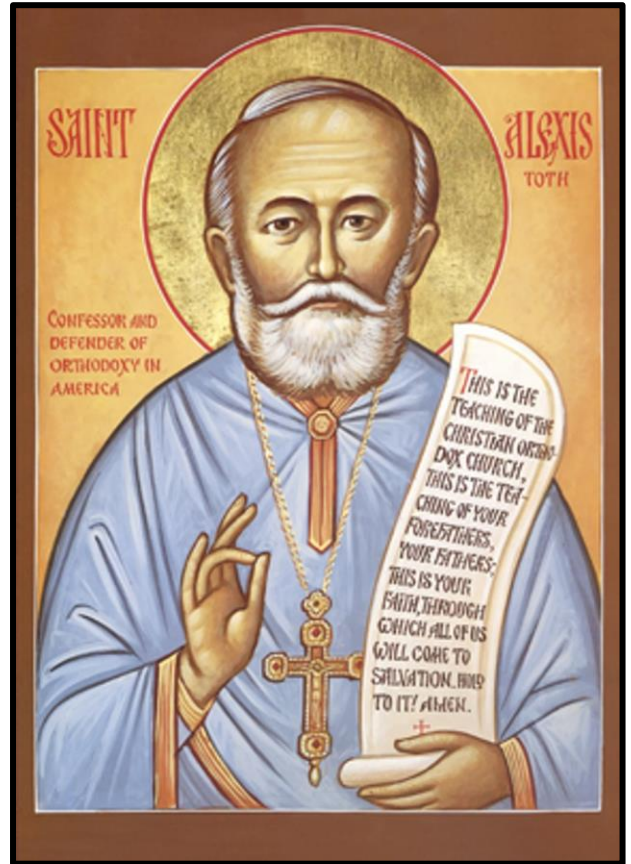
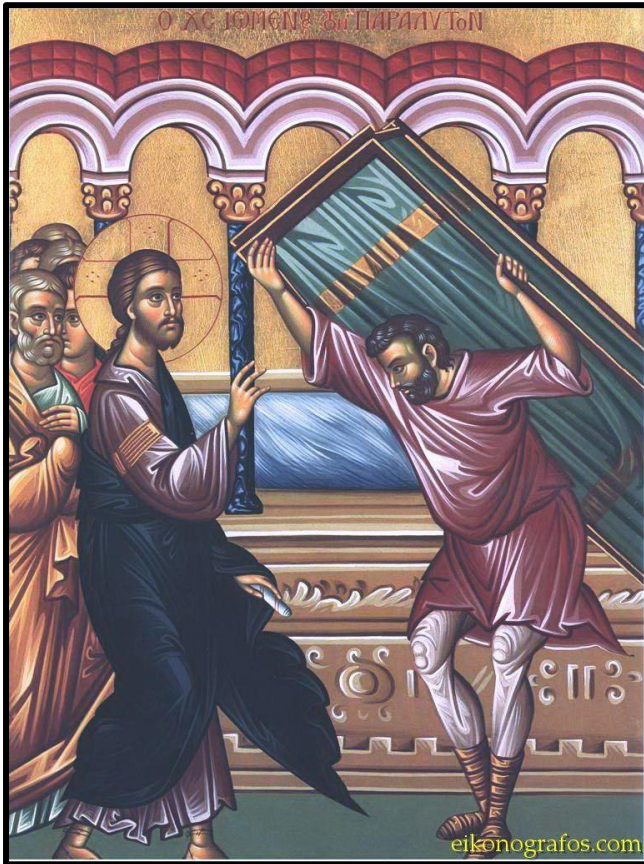


HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, May 7, 2023 – Fourth Sunday of Pascha

Sunday of the Paralytic

Repose of Saint Alexis Toth,

Confessor and Defender of Orthodoxy in America

CHRIST IS RISEN! INDEED HE IS RISEN!

WELCOME – HIS EMINENCE, ARCHBISHOP MICHAEL

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights
or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Sunday of the Paralytic; Fourth Sunday of Pascha – Archbishop Michael, Celebrant

9:00 AM Greeting and Vesting of Archbishop Michael

3rd and 6th Hours;

Divine Liturgy; Followed by Festive Luncheon With Archbishop Michael, Downstairs

Monday, May 8

9:30 AM Entrance and Vesting of Archbishop Michael

10:00 AM Divine Liturgy – Archbishop Michael, Celebrant – Feast of St. John the Theologian;
Archbishop Michael's 13th Anniversary of Consecration to the Episcopacy

Saturday, May 13

3:30 PM Youth Choir Rehearsal

5:00 PM Great Vespers; Private Confession Available Afterward

Sunday, May 14

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy; Fellowship Hour: Special Mother's Day Brunch, Hosted by the Men and Children



The poster features a background image of kayakers on a lake. On the left, there is a green tree icon with a cross on top. The text 'St. Andrew's Camp' is prominently displayed in green and blue. To the right, 'Summer 2023' is written in blue. Below this, 'Save the Dates!' is written in large white letters. A yellow starburst contains the text: 'Volunteers are ALWAYS needed before, during and after the camping season! Contact us for more information.' At the bottom, a green box lists six weeks of camp with their respective dates and themes.

Week 1: Sunday, July 2 - Saturday, July 8 -- Horse Week 1

Week 2: Sunday, July 9 - Saturday, July 15 -- Mish Mash Week 1

Week 3: Sunday, July 16 - Saturday, July 22 -- Horse Week 2

Week 4: Sunday, July 23 - Saturday, July 29 -- Teen Week 1

Week 5: Sunday, July 30 - Saturday, August 5 -- Teen Week 2

Week 6: Monday, Aug. 7 - Friday, Aug. 11 -- Family Week

standrewscamp.org

LAST TEEN GROUP SESSION OF THE SCHOOL YEAR:

Sunday, May 21 – at the Rectory

YOUTH CHOIR REHEARSALS:

Saturdays, May 13 and May 20, 3:30 PM – in the Church

UPCOMING EVENTS TO KNOW ABOUT

- **Diocesan Young Adult Retreat**, Fri.-Sun., May 19-21, at St. Andrew's Camp
- **Altar Server Retreat**, Sat., May 20, Holy Resurrection Church, 285 French Hill Road, Wayne, NJ
- **Parish Council Conference on Stewardship**, Sat., June 17, Sts. Peter and Paul Church, Endicott

SCRIPTURE READINGS:

EPISTLES Acts 9:32-42 In those days, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. So all who dwelt at Lydda and Sharon saw him and turned to the Lord. At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it became known throughout all Joppa, and many believed on the Lord.

Galatians 1:11-19 Brethren: I make known to you that the gospel which was preached by me is not according to man. For I neither received it from man, nor was I taught it, but it came through the revelation of Jesus Christ. For you have heard of my former conduct in Judaism, how I persecuted the church of God beyond measure and tried to destroy it. And I advanced in Judaism beyond many of my contemporaries in my own nation, being more exceedingly zealous for the traditions of my fathers. But when it pleased God, who separated me from my mother's womb and called me through His grace, to reveal His Son in me, that I might preach Him among the Gentiles, I did not immediately confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me; but I went to Arabia, and returned again to Damascus. Then after three years I went up to Jerusalem to see Peter, and remained with him fifteen days. But I saw none of the other apostles except James, the Lord's brother.

GOSPELS John 5:1-15 At that time, there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." He answered them, "He who made me well said to me, 'Take up your bed and walk.'" Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." The man departed and told the Jews that it was Jesus who had made him well.

John 10:1-9 The Lord said: "Amen, Amen, I say to you, he who does not enter the sheepfold by the door, but climbs up some other way, the same is a thief and a robber. But he who enters by the door is the shepherd of the sheep. To him the doorkeeper opens, and the sheep hear his voice; and he calls his own sheep by name and leads them out. And when he brings out his own sheep, he goes before them; and the sheep follow him, for they know his voice. Yet they will by no means follow a stranger, but will flee from him, for they do not know the voice of strangers." Jesus used this illustration, but they did not understand the things which He spoke to them. Then Jesus said to them again, "Most assuredly, I say to you, I am the door of the sheep. All who ever came before Me are thieves and robbers, but the sheep did not hear them. I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture."

Prayer List

Memory Eternal: Carolyn; Irene, Ludmilla; Crispina; Barbara; Luis; Sylvia; Matushka Carol; Reader Paul; Barbara; Andrew, George, Natalie; Matushka Galina Tkatschow; Lou, Father John. Ever-memorable child Hudson. All those taken from us by sickness, violence, injury and disaster.

For Health: Newly Illumined Verity, Sarah & Juliana; Fr. David Cowan; Matushka Kathryn Karney; Mat. Anastasia Molodyko-Harris; Fr. Jason Kappanadze, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Moses Berry; Fr. Joseph & Matushka Ellen Chupeck; Pani Joan Mahler; Matushka Patricia Mason; Rdr. Thomas & Mildred; Edward Hojnicky; Andy Rinchack (Amy's husband); Maurice; Nancy; Christine; Richelle; Carrie Matrona; Helena King-McGrath (preparing for surgery); Elizabeth (Sue) Hults; David & Christopher; Eric & Bridget; Stephen; James; Julie; Kathleen; Antonina; Nancy Elizabeth; Brooke; Elena; Tyler; James; Dmitri; Jessica & Alyssa and the children to be born of them; Deborah; Juliana; Many; John; Nancy; Christa; Ilsa; Scott & Casey, Steven; Ryan; Child Hannah, Joshua, Helen, Erica, Caitlin, Ruth, Harriet, Katherine, Kristin, Sierra, Kate, David; Michael, Holly; Nicholas, Natalya; Sergei; Anna; Kyriakos; Catechumens Stephen, Raychel, Jason, Oliver & Emory.

Diocesan Prayer Requests: Archbishop BENJAMIN; Bishop MATTHIAS; Archpriest Paul Shafran; Archpriest James Parsells; Archpriest John & Matushka Kathy Kowalczyk; Matushka Priscilla Shipley; Matushka Kathy Toroney; Rdr. Fredric; Joanne; child Michael, Matthew; Larissa; Joanne, Martisa, Anthony, Joshua; Christianna & newborn son Sebastian; Nathaniel; Walter, Nicole, Melanie, Nicholas, Charles Joseph, Kevin, Al. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted by sickness, violence, injury, and disaster.

Birthdays: Barbara Dahulich Knighton (Archbishop Michael's sister, 5/8); Myra Shazer (5/9); Sue Elizabeth Hults (5/13). **Anniversary:** Archbishop Michael, celebrating his 13th Anniversary of Consecration to the Episcopacy (5/8); Tom & Maria (Jam) Cheplick (20 years, 5/10).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah
Lydia	Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah
Gabriel	Angelina	John	Thomas	Nikolai	Melania	Alexei
Julianna	Nadia	Gabriel	Justus	Samuel	Gabriel	Michael
Hannah	Raphael	Verity	Anna	Julie	Michelle	Aiden
Shea	Jack	Oliver				

College Students: Anna McKane – Duke University • Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England • Nathan Devens – SUNY Cobleskill • Larissa Cheplick – Daemen College •

Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

May 6th – May 13th: Reader William (Archbishop Michael Visit); Epistle on May 7th – 2nd Deacon

May 13th – May 20th: Mary Carol Haluszczak

May 20th – May 27th: Matushka Tamara & Parish Youth (Leavetaking Pascha 5/24, Ascension 5/25)

May 27th – June 3rd: Reader Alexander

SPRING 2023 FELLOWSHIP HOUR SCHEDULE

Contact Matushka Tamara or Matushka Katie if you need a different date.

May 7 Parish Pot Luck for Archbishop Michael's Visit ♦ May 14 Karney Family ♦

May 21 Haluszczak & Dudek Families ♦ May 28 King Families

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Father David at 732-3980, when a family member is admitted to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for anyone who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

Funerals are celebrated for practicing Orthodox Christians who have not declined the Sacraments. **The Church opposes cremation; we cannot celebrate funerals for cremations.**