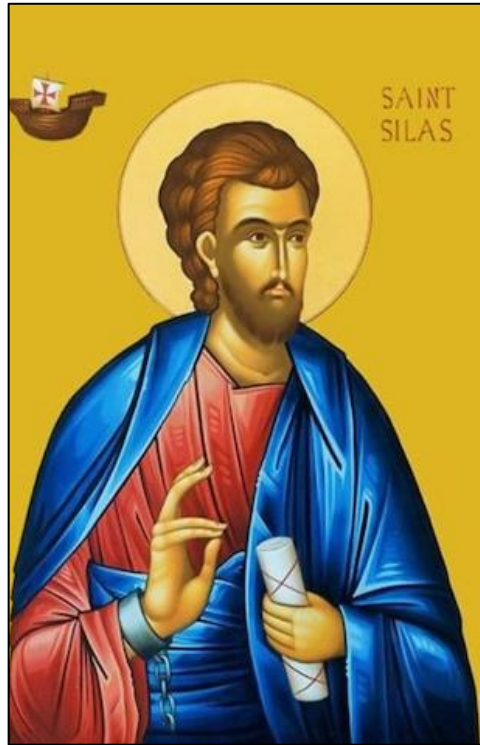


HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, July 30, 2023 – Tone 7

8th Sunday After Pentecost

**Ss. Silas & Silvanus of the 70, and those with them:
Crescens, Epenetus, and Andronicus (1st Century)**

**NEXT SATURDAY & SUNDAY:
THE FEAST OF TRANSFIGURATION
AND THE BLESSING OF FRUIT**

Bring fruit of your choice,
to Vespers on Saturday at 5 PM, to Liturgy
on Sunday, or both, and we will
specially bless it at the end of each service.



**THANK YOU... to all the families who came out to the
Troy Fair for our Youth Outing on Friday! A fun time was had by all!**

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Sunday, July 30

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour and Choir Rehearsal

Monday, July 31

6:30 PM Parish Council Meeting – in the Church

Saturday, August 5 – Eve of the Transfiguration of Our Lord

5:00 PM Great Vespers with Litya and the Blessing of Fruit – The Transfiguration of Our Lord
Followed by The Mystery of Holy Unction for Matushka Tamara – All Are Welcome
Private Confession Available Afterward

Sunday, August 6 – Great Feast of the Transfiguration of Our Lord

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy with the Blessing of Fruit, Followed by Fellowship Hour

TODAY'S SCRIPTURE READINGS

EPISTLE: 1 Corinthians 1:10-18 Brethren: Now I plead with you, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment. For it has been declared to me concerning you, my brethren, by those of Chloe's household, that there are contentions among you. Now I say this, that each of you says, "I am of Paul," or "I am of Apollos," or "I am of Cephas," or "I am of Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, lest anyone should say that I had baptized in my own name. Yes, I also baptized the household of Stephanas. Besides, I do not know whether I baptized any other. For Christ did not send me to baptize, but to preach the gospel, not with wisdom of words, lest the cross of Christ should be made of no effect. For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

GOSPEL: Matthew 14:14-22 At that time, when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick. When it was evening, His disciples came to Him, saying, "This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food." But Jesus said to them, "They do not need to go away. You give them something to eat." And they said to Him, "We have here only five loaves and two fish." He said, "Bring them here to Me." Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So they all ate and were filled, and they took up twelve baskets full of the fragments that remained. Now those who had eaten were about five thousand men, besides women and children. Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

Daily Scripture Readings: www.oca.org/readings

SPECIAL COLLECTION – DIOCESE OF ALASKA CLERGY FUND

Today and on the next two Sundays – August 6 & August 13 – we will once again take a Special Collection for the Alaskan Clergy Fund. Please be as generous as you can. You can see Bishop Alexei of Alaska's talk on the history and present needs of the Alaskan faithful at www.nynjoca.org/Alaska Thank you!

The Dormition Fast begins Tuesday, August 1 and ends with the Divine Liturgy on Tuesday, August 15, the Great Feast of the Dormition (Falling-Asleep) of the Most-Holy Theotokos, the Ever-Virgin Mary, Mother of God. During the fast we are called to abstain from meat, from excess food and drink, from unnecessary entertainment and spiritually unproductive conversation. Confession is also recommended during the Fast.

Prayer List

Memory Eternal: Matushka Delores Donlick; Dimitri; Anthony; Yuri; John; Svetlana; Chiraca; Fr. Alexander; Iliodor; Harriet; Subdeacon Michael; Subdeacon Bernard Patrick; Jackie; James; Theresa; Elise. All those taken from us by sickness, violence, injury and disaster.

For Health: Newly baptized Thea Neidig; Newly received Zachary, Jessica, Anthony, Evangeline, Alfred, Rosemary, James & Brighid. Matushka Tamara preparing for surgery 8/7, Matushka Kathryn; Paul Urda & Kathleen Loveland; Mat. Anastasia Molodyko-Harris; Fr. Jason Kappanadze, Fr. Daniel & Mat. Myra Kovalak, Fr. Herman & Mat. Cynthia Schick, Fr. Moses Berry; Fr. Joseph & Matushka Ellen Chupeck; Pani Joan Mahler; Fr. James & Mat. Patricia Mason; Rdr. Thomas & Mildred; Edward; Dan; Maurice; Nancy; Richelle; Carole; David & Christopher; Stephen; James; Julie; Antonina; Nancy Elizabeth; Brooke; Elena; Tyler; James; Dmitri; Alyssa and Eyerin and the children to be born of them; Deborah; Juliana; Many; John; Nancy; Christa; Ilsa; Scott & Casey, Steven; Ryan; Child Hannah, Joshua, Helen, Erica, Caitlin, Ruth, Katherine, Kristin, Sierra, Kate, David; Uros, Brittany, Michael, Holly; Nicholas, Sergei; Nancy; Anna; Kyriakos; Catechumens Stephen, Raychel, Jason, Oliver, Emory & Ian.

Diocesan Prayer Requests: Archbishop ALEXANDER (Diocese of the South); Archbishop BENJAMIN; Bishop MATTHIAS; Mitred Archpriest Kyril Riggs; Fr. Paul & Mat. Mary Shafran; Fr. James Parsells; Protodeacon Peter Ilchuk; Matushka Barbara Shimchick; Matushka Jeanne Baktis; Matushka Krista Fedorchak; Monk Nicodemos; Rdr. Fredric; Anastasia, Sergei, Julia, Anastasia, Marina; George; William; Elaine; Michael, Oksana; Kyriaki & Kalliope; Matt; Natasha, Anastasia, Susan, Marian. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted by sickness, violence, injury, and disaster. **Birthdays:** Emilia Karney (7/29); Brianna Lyon (7/30), Jeremiah King-Styles (7/31), Justin O'Brien (8/2), Mildred Urda & Larissa King-Styles (8/4), Alexander Charlanow, Sr. (8/5). **Anniversary:** Fr. David & Mat. Tamara (31 years, 8/2).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Lydia
Natalie	Emilia	Patrick	Sophia	Dmitri	Jonah	Gabriel	Angelina
John	Thomas	Nikolai	Melania	Alexei	Julianna	Nadia	Gabriel
Justus	Samuel	Gabriel	Michael	Hannah	Raphael	Verity	Anna
Julie	Michelle	Aiden	Shea	Jack	Oliver	Elizabeth	Anthony
Evangeline	Alfred	Rosemary	James	Brighid			

College Students: Anna McKane – Duke University • Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England • Nathan Devens – SUNY Cobleskill • Larissa Cheplick – Daemen College • Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.
Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

July 29th – August 5th: Parish Youth & Reader William to assist.

August 5th – 12th: Reader Alexander (Transfiguration 8/5-6) ♦ August 12th – 19th: Reader William (Dormition 8/14-15)

August 19th – 26th: Mary Carol Haluszczak ♦ August 26th – September 2nd: Reader William

SUMMER 2023 FELLOWSHIP HOUR SCHEDULE

Contact Matushka Tamara or Matushka Katie if you need a different date.

July 30 King Families

NOTE: August 6 and 13 are during the Dormition Fast.

August 6 Cowan Family ♦ August 13 Karney Family

August 20 Weeks & Turic Families ♦ August 27 Hults Family

CHURCH CLEANING SCHEDULE – VOLUNTEERS APPRECIATED!

We would like to have a rotating schedule for cleaning the church. If you are able to help, please speak with Amy Rinchack, or contact her at (480) 980-9560 or amyrn2017@yahoo.com

Thank you!



*“... all things come from Thee,
and we have only given back
what is Thine already”.*
(I Chronicles 29:13-15)

*You are cordially invited to attend
a New York State Deanery Appreciation Dinner
for the 2022 Distinguished Diocesan Benefactors
of the Diocese of New York and New Jersey*

*hosted with gratitude by
His Eminence, Archbishop MICHAEL*

On two dates, in two locations:

*Sunday, August 20, 2023; 5:30 PM Hors D'Oeuvres; 6:00 PM Dinner
at St. John the Baptist Church, 855 S. Goodman St., Rochester, NY*

*RSVP by Monday, August 7, to Fr. David Mezynski,
email fr.david@sjoca.org, phone (914) 413-5605*

*Sunday, October 29, 2023, at 5:30 PM
at St. Basil's Church Hall, 23 Archibald St., Watervliet, NY 12189*

*RSVP by Monday, October 16, to Fr. Peter Olsen,
email kaolsen2410@gmail.com, phone (518) 273-6262*

~You are encouraged to bring family members and parish guests~