

HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



Sunday, November 5, 2023 – Tone 5

22nd Sunday After Pentecost

Martyrs Galaction and his wife, Epistemis, at Emesa

This Week: Feast of the Archangels; St. Nectarios of Aegina

MORE HANDS WANTED TO HELP PREP FOR THURSDAY'S FOOD SALE!

On Thursday, November 9, 8:00 AM, Food Sale Preparation will be happening in the Ministry Hall next to the Rectory. Additional volunteers are welcome to get involved!

The sale will take place this Thursday, Nov. 9, from 5:00 – 7:00 PM.

NEXT SUNDAY, NOV. 12: PRAYERS FOR VETERANS, LIVING & DEPARTED

This week, please give Fr. David the names of Veterans whom you want to be remembered in next Sunday's Liturgy. Please note "DEPARTED" or "LIVING". Either give your names to Father in person, or by email frdavidcowan@gmail.com

SERVICES AND ACTIVITIES

**Most Services May Be Joined by Live Stream at Web Address www.facebook.com/htocelmiraheights
or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"**

Today – Sunday, November 5

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour, Church School and Teen Group

5:00 – 8:00 PM "Spaghetti and Song" Fundraising Dinner Concert for St. Andrew's Camp –
at Saints Peter and Paul Church, 210 Hill Ave., Endicott – See Matushka Tamara if you
haven't got your tickets yet!

Tuesday, November 7

6:30 PM Great Vespers & Litya- Feast of the Archangels and All the Bodiless Powers

Wednesday, November 8 – Feast of the Archangels Michael, Gabriel, Raphael, and the Bodiless Powers

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy

Thursday, November 9

8:00 AM – 5:00 PM Food Sale Prep – in the Ministry Hall

5:00 – 7:00 PM "Slavic Sampler" Food Sale – in the Ministry Hall

Friday, November 10

6:30 PM Akathist to Saint Nektarios, Bishop of Pentapolis and Aegina

Saturday, November 11

3:30 PM Youth Choir Rehearsal, in the Church

5:00 PM Great Vespers; Private Confession Available Afterward

Sunday, November 12

8:40 AM 3rd and 6th Hours

9:00 AM Divine Liturgy, Followed by Fellowship Hour, Church School, and Choir Rehearsal

TODAY'S SCRIPTURE READINGS

EPISTLE: Galatians 6:11-18 Brethren: See with what large letters I have written to you with my own hand! As many as desire to make a good showing in the flesh, these would compel you to be circumcised, only that they may not suffer persecution for the cross of Christ. For not even those who are circumcised keep the law, but they desire to have you circumcised that they may boast in your flesh. But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world. For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation. And as many as walk according to this rule, peace and mercy be upon them, and upon the Israel of God. From now on let no one trouble me, for I bear in my body the marks of the Lord Jesus. Brethren, the grace of our Lord Jesus Christ be with your spirit. Amen.

GOSPEL Luke 8:41-56 At that time, behold, there came a man named Jairus, and he was a ruler of the synagogue. And he fell down at Jesus' feet and begged Him to come to his house, for he had an only daughter about twelve years of age, and she was dying. But as He went, the multitudes thronged Him. Now a woman, having a flow of blood for twelve years, who had spent all her livelihood on physicians and could not be healed by any, came from behind and touched the border of His garment. And immediately her flow of blood stopped. And Jesus said, "Who touched Me?" When all denied it, Peter and those with him said, "Master, the multitudes throng and press You, and You say, 'Who touched Me?'" But Jesus said, "Somebody touched Me, for I perceived power going out from Me." Now when the woman saw that she was not hidden, she came trembling; and falling down before Him, she declared to Him in the presence of all the people the reason she had touched Him and how she was healed immediately. And He said to her, "Daughter, be of good cheer; your faith has made you well. Go in peace." While He was still speaking, someone came from the ruler of the synagogue's house, saying to him, "Your daughter is dead. Do not trouble the Teacher." But when Jesus heard it, He answered him, saying, "Do not be afraid; only believe, and she will be made well." When He came into the house, He permitted no one to go in except Peter, James, and John, and the father and mother of the girl. Now all wept and mourned for her; but He said, "Do not weep; she is not dead, but sleeping." And they ridiculed Him, knowing that she was dead. But He put them all outside, took her by the hand and called, saying, "Little girl, arise." Then her spirit returned, and she arose immediately. And He commanded that she be given something to eat. And her parents were astonished, but He charged them to tell no one what had happened.

Keep up with the Daily Scripture Readings at www.oca.org/readings

Prayer List

Memory Eternal: Margaret, Beatrice; Michael; Robert; Margaret; Judy; John; Helen; Pani Mary; Carol, Joseph; Tamara. All those taken from us by sickness, violence, injury and disaster. Newly departed Michael Pennock and all the departed named for the Archangels Michael, Gabriel & Raphael (Feast of the Archangels, 11/8).

For Health: Newly Chrismated Ian & child Elizabeth Adkins; Newborn Elea Taylor and her parents, Brianna & Tyeler; Newly Baptized Sophia Parker; Reader Elias and Morgan, preparing for Holy Matrimony; Matushka Tamara, Matushka Kathryn; Mat. Anastasia Molodyko-Harris; Fr. Jason Kappanadze, Fr. Daniel & Mat. Myra Kovalak; Fr. Herman & Mat. Cynthia Schick, Fr. Moses Berry; Fr. Joseph & Matushka Ellen Chupeck; Pani Joan Mahler; Rdr. Thomas & Mildred; Paul & Mildred Urda; children Evangeline & Leonidas; Shawn; Gregory; Steven & Patricia Olson; Carl; Edward; Kathleen; Nancy; David, David & Penny; James; Julie; Antonina; Nancy Elizabeth; Brooke; Elena; Tyler; Dmitri; Eyerin and the child to be born of her; Deborah; Juliana; John; Christa; Scott & Casey, Steven; Child Hannah, Joshua, Ilsa, Erica, Caitlin, Helen, Ruth, Katherine, Kristin, Sierra; Gabriel; Nicholas, Sergei; Nancy; Anna; Catechumens Stephen, Raychel, Jason, Oliver & Emory.

Diocesan Prayer Requests: Archbishop BENJAMIN; Bishop MATTHIAS; Protodeacon John Morvay; Deacon John Komline; Rdr. Fredric; Joseph, Iliya, Stephen, Elora, Maria; Eleni; Demetrios, Tamara; Cynthia, Denis, Igor, Ekaterina, Andrea & Viktor; Aleksandr, Lia, Viktor, Ludmila; Patricia; Graham, Michael, Christine, Olga & Dillon; Zachary, William, Nicholas, John; Zoran & Rada; Walter, Taisa, David, Michael, Dave and his family; soldiers Payton, Nathaniel & Jeremy. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted by sickness, violence, injury, and disaster. **Name Day:** Michael Hendershot, Michael and Dn. Michael Karney, Michael Speen, Michael Turic; Gabriel Charlanow, Rdr. Gabriel Cowan, Gabriel Hendershot, Gabriela Iancu, Gabriel Rinchack, Raphael Hendershot (Archangels, 11/8). **Birthday:** Kristin Kohena (11/6).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel
Angelina	John	Thomas	Nikolai	Melania	Alexei	Nadia	Rdr. Gabriel
Justus	Elea	Samuel	Gabriel	Michael	Hannah	Raphael	Verity
Julie	Michelle	Aiden	Shea	Jack	Oliver	Elizabeth	Anthony
Evangeline	Alfred	Rosemary	James	Brigid	Dorothea		

College Students: Anna McKane – Duke University

Katherine McKane – Sarah Lawrence College Year Abroad at Oxford University, England

Nathan Devens – SUNY Cobleskill • Larissa Cheplick – Daemen College • Julianna Cheplick – SUNY Delhi

Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

Nov. 4th -11th: Mary Carol Haluszczak • Nov. 11th -18th: Reader Alexander

Nov. 18th -25th: Reader William (Entrance of Theotokos – 11/20 & 21) • Nov. 25th -Dec. 2nd: Reader Dmitri

Dec. 2nd -9th: Natalie Karney & Lydia Dudek (St. Nicholas 12/5 & 6) • Dec. 9th – 16th: Mary Carol Haluszczak

Dec. 16th -23rd: Reader Dmitri • Dec. 23rd– Dec. 30th • Reader Alexander (Nativity 12/24 & 25)

Dec. 30th – Jan. 6th Reader William (Circumcision 12/31 & 1/1, Theophany 1/5 & 1/6)

FALL 2023 FELLOWSHIP HOUR SCHEDULE

Contact Matushka Tamara or Matushka Katie if you need a different date.

Oct 29 Speen Family ♦ Nov 5 Cusick, Hulst, and Urda Families ♦ Nov 12 Cheplick Families

Nov 19 (Nativity Fast) Karney Families ♦ Nov 26 (Nativity Fast) Weeks & Turic Families

FELLOWSHIP HOUR FALL RE-STOCKING

The following supplies are needed for Fellowship Hour, if you can donate:

Hot cups, small plates, large plates, forks

Thank you!

ADULT CHOIR REHEARSALS: Sun 11/12 after Liturgy • Sat 11/18 after Vespers • Sat 12/2 after Liturgy

YOUTH CHOIR REHEARSALS: (These Saturdays, 3:30 PM)

11/11 • 11/18 • (No Rehearsal 11/25) • 12/2 • 12/9 • 12/16

Spaghetti & Song Dinner Show Update...

This "fun-raiser" is being put on by our area parishes in Binghamton, Elmira Heights, Endicott and Lansing to benefit St. Andrew's Camp.

There will be a number of Camp Directors, Priests, Counselors and Campers performing a wide array of music: Broadway, Pop, Jazz, Country and Slavic & Celtic Folk and Classical.

Performers so far...

Fr. David Cowan, Fr. Jason Vansuch, Fr. Joel Brady,
Dn. Gregory Fedorchak, Kristy Zaitsev,
Mat. Tamara Cowan, Mat. Krista Fedorchak,
Lonn Bologna, Kaedon Campbell,
Fr. Nicholas Molodyko-Harris, Carrie Hooper,
Andrew Karigut, and Lawrence Barlow.

Basket Raffles and "Bid for a Ballad" will add to the excitement!

Kids 12 and under are free!

Please join us for an evening not to miss!

See Matushka Tamara for tickets or to make a donation if you cannot attend.

Thank you for your support!

With love in Christ,

The Campers, Counselors, Camp Directors,
Clergy, and Trustee Leaders of Saint Andrew's Orthodox Camp



Basket Raffles
too!

ST. ANDREW'S CAMP FUNDRAISER

Presented by orthodox Parishes of the Southern Tier

SPAGHETTI & SONG

DINNER SHOW

SUNDAY, NOVEMBER 5TH // 5PM-8PM

**INCLUDES: APPETIZERS, SPAGHETTI & MEATBALLS,
SALAD, GARLIC BREAD, DRINKS & DESSERTS**

**\$20
ADVANCE
\$25
DOOR**



Scamuel

**SS. PETER & PAUL
ORTHODOX CHURCH
210 HILL AVE.
ENDICOTT, NY**

570-878-5073

**MAIN STAGE:
ST. ANDREW STAFF &
CAMPER PERFORMANCES**

**TABLE SIDE:
"BID FOR A BALLAD"
SPECIAL GUEST SINGERS**

tamarancowan@gmail.com

THANKSGIVING BASKETS FOR LOCAL FAMILIES

On Sunday, November 19, after the Liturgy, our Church School and Teen Group families will pack Thanksgiving baskets for local families in need. Our goal this year is to make 10 baskets. Each family is asked to choose one of the following foods, to bring on or before Sunday, Nov. 19. See Matushka Tamara or Matushka Katie to sign up for the category of food that you wish to bring.

- Stovetop Stuffing, 20 boxes
- Instant Mashed potatoes, 10 boxes
- Gravy, 20 cans/jars
- Yams, 10 Large cans
- Mini Marshmallows, 10 bags
- Corn, 20 cans
- Green Beans, 20 cans
- French fried onions, 10 cans
- Cranberry relish, 10 cans
- Corn bread mix, 20 packages
- Chicken broth, 10 cans
- Pumpkin Pies, 10 pies
- 10 Turkeys

Thank you for being a part of this charitable effort ...

giving thanks to God by enabling other families to celebrate a bountiful Thanksgiving!

Join us Monday & Tuesday, Nov. 20-21, between the Services for the Feast of the Entry of the Theotokos into the Temple, to pass out the baskets to their recipients. If you know someone in need who could benefit from one of these baskets, please let Fr. David or Mat. Tamara know.

Let's ALL share in this important Labor of Love!

Wednesday, Nov. 15 begins the 40-Day Fast in preparation for the Birth of our Lord Jesus Christ.

*The Fast ends with the participation in Holy Communion, at the Divine Liturgy of our Lord's Nativity (Christmas) on Dec. 25. During the Fast we strive to abstain from meat, from dairy as best we can, from spiritually unproductive entertainment, conversation, and distraction. **And it is crucial to offer Confession during this season, as well.** Confession is available regularly on Saturdays after Vespers, or by appointment during the week.*

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Father David at 732-3980, when a family member is taken to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for any Orthodox Christian who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

Funerals are celebrated for practicing Orthodox Christians who have not declined the Sacraments.

The Church opposes cremation; we cannot celebrate funerals for cremated persons.



HOLY TRINITY
ORTHODOX CHURCH
MINISTRY HALL

400 Harrison Street, Elmira Heights, NY



ONLINE PRE-ORDERS
AVAILABLE NOW!

Slavic Sampler



Our Slavic Sampler is back for another season! To place an order in advance: Scan the QR Code, visit our website <http://holy-trinity-orthodox-church.square.site>, email: foodsales@holytrinityorthodoxchurch, or call 607-732-3980

There will be a limited amount of dinners available for purchase on the date of the sale.

2 Halupki, 3 Pierogi, 1 Kolbasa - \$16.00 per order

Pickup time is between 5pm and 7pm on the following dates:

Thursday, September 21
Welcome Back!

Saturday, October 14
No dinners on this day. Visit us at the Elmira Heights Octoberfest for Food Special not available for online pre-order.

Thursday, November 9

Thursday, December 16
Annual Christmas Bake Sale!