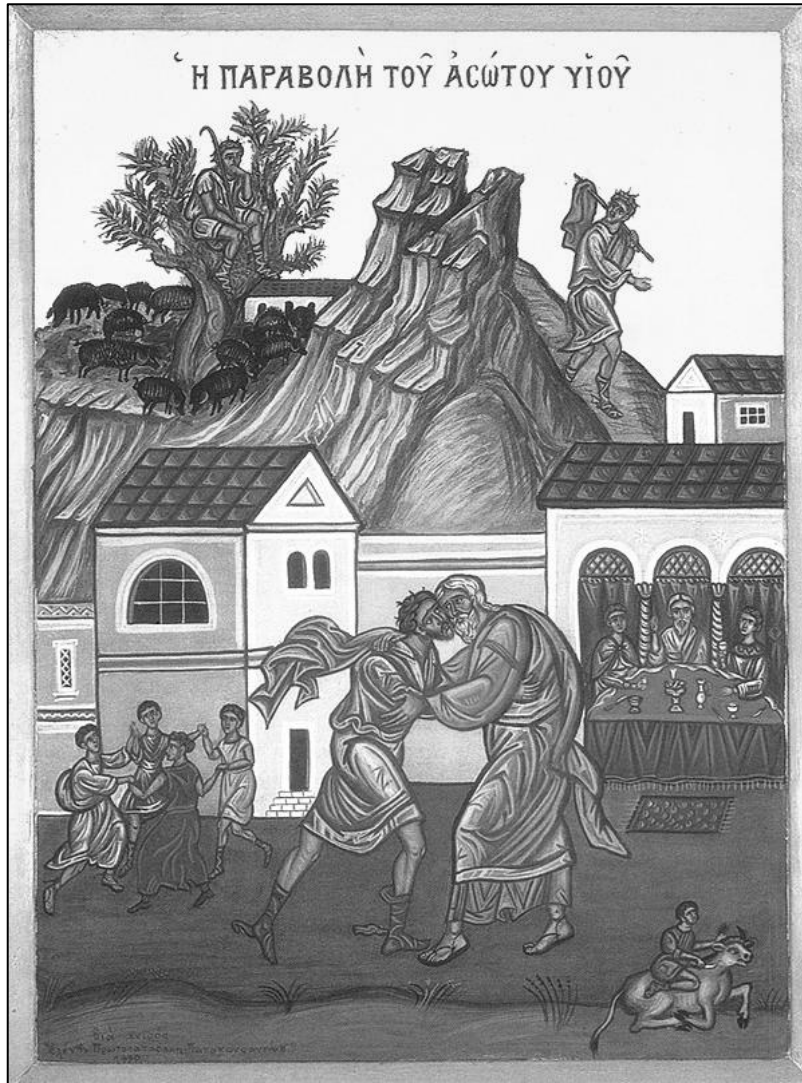


HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

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Sunday, March 3, 2024 – Tone 6

Sunday of the Prodigal Son

Martyrs Eutropius, Cleonicus, and Basiliscus of Amasea

Fasting Guidelines for the Coming Weeks

This Week, March 4 – March 10 is a regular week; Wednesday and Friday are Fast Days.

March 10 is Meatfare Sunday; we abstain from meat from Monday, March 11 until Pascha, May 5.

From March 11-17 we can eat dairy products each day, including Wednesday and Friday.

March 17 is Cheesefare Sunday; we abstain from dairy products from Monday, March 18 until Pascha, May 5.

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at our YouTube Channel:

<https://www.youtube.com/@holytrinitychurchelmirany>

or go to www.YouTube.com and search for "Holy Trinity Church Elmira Heights NY"

Today – Sunday, March 3

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy*, with *Blessing and Oath of Office for the Parish Council*,

and *Holy Unction* for Charles Patrick Hults

Followed by Fellowship Hour, Church School and Teen Group

Saturday, March 9

5:00 PM *Reader Vespers*, Led by Deacon Michael

Sunday, March 10 – Please Welcome Fr. Myron Oryhon

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy*

Followed by Fellowship Hour – Meatfare Potluck; and Church School

NEXT SUNDAY, MARCH 10

MEAT-FAREWELL POTLUCK

BRING A MEAT DISH
& YOUR APPETITE!

NEXT YOUTH CHOIR REHEARSALS:

Saturday afternoons at 3:30 PM – March 16, March 30

SCRIPTURE READINGS

TODAY'S EPISTLE 1 Corinthians 6:12-20 Brethren: All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any. Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body is not for sexual immorality but for the Lord, and the Lord for the body. And God both raised up the Lord and will also raise us up by His power. Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a harlot? Certainly not! Or do you not know that he who is joined to a harlot is one body with her? For "the two," He says, "shall become one flesh." But he who is joined to the Lord is one spirit with Him. Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

TODAY'S GOSPEL Luke 15:11-32 The Lord told this parable: "A certain man had two sons. And the younger of them said to his father, 'Father, give me the portion of goods that falls to me.' So he divided to them his livelihood. And not many days after, the younger son gathered all together, journeyed to a far country, and there wasted his possessions with prodigal living. But when he had spent all, there arose a severe famine in that land, and he began to be in want. Then he went and joined himself to a citizen of that country, and he sent him into his fields to feed swine. And he would gladly have filled his stomach with the pods that the swine ate, and no one gave him anything. But when he came to himself, he said, 'How many of my father's hired servants have bread enough and to spare, and I perish with hunger! I will arise and go to my father, and will say to him, "Father, I have sinned against heaven and before you, and I am no longer worthy to be called your son. Make me like one of your hired servants.'" And he arose and came to his father. But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him. And the son said to him, 'Father, I have sinned against heaven and in your sight, and am no longer worthy to be called your son.' But the father said to his servants, 'Bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet. And bring the fatted calf here and kill it, and let us eat and be merry; for this my son was dead and is alive again; he was lost and is found.' And they began to be merry. Now his older son was in the field. And as he came and drew near to the house, he heard music and dancing. So he called one of the servants and asked what these things meant. And he said to him, 'Your brother has come, and because he has received him safe and sound, your father has killed the fatted calf.' But he was angry and would not go in. Therefore his father came out and pleaded with him. So he answered and said to his father, 'Lo, these many years I have been serving you; I never transgressed your commandment at any time; and yet you never gave me a young goat, that I might make merry with my friends. But as soon as this son of yours came, who has devoured your livelihood with harlots, you killed the fatted calf for him.' And he said to him, 'Son, you are always with me, and all that I have is yours. It was right that we should make merry and be glad, for your brother was dead and is alive again, and was lost and is found.'"

Prayer List

Memory Eternal: Karl; Melissa; Eileen; Evette, Andrew, David; Dorothy; Reader Thomas Cheplick; John, John; Brian; Rita; Shirley; Anna May, John, Laura, Anne, Farrokh. All those taken from us by sickness, violence, injury and disaster.

For Health: Newborn Elliot Andrew Rinchack; Newly Chrismated Emory James; Charles Patrick Hults, preparing for surgery tomorrow; recovering Matushka Anastasia, Elizabeth & Kathleen; Fr. David, Mat. Tamara & Rdr. Gabriel; James & Jane Ann; Matushka Kathryn; Fr. Jason Kappanadze; Fr. Daniel & Mat. Myra Kovalak; Fr. Herman & Mat. Cynthia Schick; Fr. Joseph & Matushka Ellen Chupeck; Pani Joan Mahler; Sebastian & Victoria; Margaret; David, Jerry; Shelley; Roberto; Dr. Sheela; Jim; Lydia; Jacek; Cassidy; Charles & Jason; Brandy; Shawn; Gregory; Patricia; Carl; Olga; Edward; Nancy; David; James; Julie; Antonina; Brooke; Elena; Tyler; Dmitri; expecting mothers Elena, Rachel, Kathryn, and the children to be born of them; Deborah; Juliana; Ian; John; Christa; Scott & Casey, Steven; Child Hannah, Joshua, Ilsa, Erica, Caitlin, Helen, Ruth, Katherine, Sierra; Nicholas, Sergei; Nancy; Anna; Catechumens Stephen, Raychel, Jason & Oliver.

Diocesan Prayer Requests: Archbp. NATHANIEL; Archbp. BENJAMIN; Bishop MATTHIAS; Fr. John Holoduek; Fr. Jason Vansuch; Dn. Stephan Karlgut; Matushka Hope Boback; Subdeacon Peter, Alexis, Richard, Bonnie, Mary, Masha, Joseph, Alexander, Dimitri, Roman, Alexander, Tikhon, Dennis, Alexander, Michael; Riley, Tyler; Barbara, Brenda; infant Lola Rose; Judi; John, Margaret, Nasima; Alexis, Richard. All the clergy, faithful and their families of the Diocese of New York and New Jersey. **Name Day:** Antonina Weeks (St. Antonina of Nicea, 3/1). **Birthdays:** Matushka Tamara (3/3), Gloria Ewsuk (3/6).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel
Angelina	John	Thomas	Nikolai	Melania	Alexei	Nadia	Rdr. Gabriel
Justus	Elea	Samuel	Gabriel	Michael	Hannah	Raphael	Verity
Julie	Michelle	Aiden	Shea	Jack	Oliver	Elizabeth	Anthony
Evangeline	Alfred	Rosemary	James	Brigid	Dorothea		

College Students: Nathan Devens – SUNY Cobleskill •

Larissa Cheplick – Daemen College • Julianna Cheplick – SUNY Delhi

Anastasia Shikula & Magdalena Botrous – LECOM Elmira

Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.

Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

Mar. 2nd - Mar. 9th: Reader Alexander (Memorial Saturday 3/9) ♦ Mar. 9th – Mar. 16th: Reader Dmitri
Mar. 16th – Mar. 23rd: Reader William (1st Week of Great Lent)

Mar. 23rd – Mar. 30th: Mary Carol Haluszczak (2nd Week of Lent, Annunciation 3/25, Memorial Sat 3/30)

Mar. 30th – April 6th: Mat. Tamara & Reader Gabriel (3rd Week of Great Lent & Memorial Sat. 4/6)

April 6th – April 13th: Reader Alexander (4th Week of Great Lent & Memorial Sat, 4/13)

April 13th – April 20th: Reader Dmitri (5th Week of Great Lent)

April 20th – April 27th: Emilia Karney, Natalie Karney & Lydia Dudek (6th Week of Great Lent & Lazarus Sat 4/27)

April 27th & 28th: Reader Alexander (Palm Sunday) ♦ Holy Week: All Readers – special schedule TBA

FELLOWSHIP HOUR HOSTING SCHEDULE

March 3 Karney Families

March 10 Meatfare Potluck ♦ March 17 Weeks, Turic & Cowan Families (Cheesefare)

March 24 Cusick & Hults Families (Great Lent) ♦ March 31 King Families

PASTORAL CARE – GENERAL INFORMATION

Emergency Sick Calls can be made at any time. Please call Father David at 732-3980, when a family member is taken to the hospital.

Anointing In Sickness: The Sacrament of Unction is available in Church, the hospital, or your home, for any Orthodox Christian who is sick, however severe. If you are preparing for surgery (or recovering from it), please call Father.

Marriages and Baptisms require early planning, scheduling, and selection of sponsors (crown bearers or godparents). See Father before booking dates, choosing sponsors, and reserving reception halls.

Funerals are celebrated for practicing Orthodox Christians who have not declined the Sacraments.

The Church opposes cremation; we cannot celebrate funerals for cremated persons.