

# HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

Email: frdavidcowan@gmail.com • www.holytrinityorthodoxchurch.org



## Sunday, October 27, 2024 – Tone 1

18<sup>th</sup> Sunday After Pentecost

St. Nestor of Thessalonica (4<sup>th</sup> century), Co-Martyr with St. Demetrios

### *Our Church School Needs Your Help!*

We are starting a new program and would like your help “building” our new classroom. Maybe you (or a friend) have the following items in your attic or garage that you no longer need?

Please see Mat. Tamara, Mat. Katie, or Jessica Fanaro if you can help.

**small wood display cabinets  
wooden boxes (all sizes)**

**wood shelving unit (low & long)  
metal and wood trays**

## SERVICES AND ACTIVITIES

*Most Services May Be Joined by Live Stream at our YouTube Channel:*

<https://www.youtube.com/@holyltrinitychurchelmirany>

or go to [www.YouTube.com](http://www.YouTube.com) and search for "Holy Trinity Church Elmira Heights NY"

**Today – Sunday, October 27**

8:40 AM *3<sup>rd</sup> and 6<sup>th</sup> Hours*

9:00 AM *Divine Liturgy*, Followed by Fellowship Hour, Church School, Teen Group, and Adult Class with Fr. David

**Wednesday, October 30**

7:00 PM "What is Orthodox Christianity?" Adult Education Session, By Zoom

**Thursday-Friday, Oct. 31 – Nov. 1: Diocesan Assembly, East Meadow, NY**

**Saturday, November 2**

5:00 PM *Great Vespers*; Private Confession Available Afterward

**Sunday, November 3**

8:40 AM *3<sup>rd</sup> and 6<sup>th</sup> Hours*

9:00 AM *Divine Liturgy*, Followed by Fellowship Hour, Church School, and Adult Class with Fr. David

**COMING UP SOON:**

**Sat.-Sun., Nov. 9-10, Vespers & Liturgy:** St. Tikhon's Seminary Male Choir Visits,  
with Fr. John Parker, Seminary Dean

**Sat., Nov. 16, 2:30 PM: Baptisms** of children Jocephine, Cillian and Rory Harvey

### TODAY'S SCRIPTURE READINGS

**EPISTLE 2 Corinthians 9:6-11** Brethren: He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

**GOSPEL Luke 8:26-39** At that time, Jesus and His Disciples sailed to the country of the Gadarenes, which is opposite Galilee. And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!" For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness. Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him. And they begged Him that He would not command them to go out into the abyss. Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them. Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned. When those who fed them saw what had happened, they fled and told it in the city and in the country. Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. They also who had seen it told them by what means he who had been demon-possessed was healed. Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned. Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying, "Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

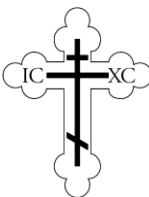
**what is  
Orthodox  
Christianity?**  
**Wednesdays, 7 PM on Zoom**

All are welcome to join our 7 PM Wednesday sessions on Zoom.  
Dr. Mary-Carol is leading 20-30 minute chats each week.

10/30 Advent Fast Approaching!

11/6 The Icon of the Entrance of the Theotokos Into the Temple

11/13 Angels and the Invisible World



### Prayer List

**Memory Eternal:** Archpriest Dennis Swencki; Monk Nicodemus; Fr. Peter; Bill; Paula; Jennifer; Eileen; Yaeliz, Mary; Merrill; Thomas; Phil; Doug; Elliot; Fr. Thomas; Fr. Joseph Chupeck; Fr. James; Matushka Anna; Ann Marie; Valery; Gloria; Hilda; Vera; Suzannah; Eric; Mary Ann; Karl, Stephen, Jalal; Helen; Constantine. Ever-memorable Nicholas and Linda. All those taken from us by sickness, violence, injury and disaster, especially the victims of the recent hurricanes.

**For Health:** Subdeacon Walter Nazarenko; Kevin Stephen, Sherri, Paul & Mildred Urda; Michael Karney; Matushka Kathryn & Sophia; Fr. Jason Kappanadze; Fr. Daniel & Mat. Myra Kovalak; Matushka Ellen Chupeck and her family; Pani Joan Mahler; Aaliyah King-Styles; Catherine; Christina & Alexandra; Christopher & David; Henry; Zachariah; Marianne; Ricky & John; Matrona; Patricia, Michael & Jacob; James; Antonina; Brooke; Elena; Tyler; Dmitri; expecting mothers Amanda & Brianna and the children to be born of them; Deborah; Juliana; John; Christa; Scott & Casey, Child Hannah, Joshua, Ilsa, Erica, Caitlin, Helen, Ruth, Katherine, Sierra; Nicholas, Nancy; Anna; Catechumens Raychel, Jason, Oliver, Madeline, Steven, Jeremiah, Sarah, Josephine, Cillian and Rory.

**Diocesan Prayer Requests:** Archbp. NATHANIEL; Archbp. BENJAMIN; Fr. Costa Constantinou; Fr. Joseph Toroney; Fr. John Armstrong; Fr. David; Deacon Michael Speck; Reader Andrew Bohush; Matushka Linda Kadlec, Mat. Rebekah Markewich; Mat. Kathy Toroney; Reader Joshua Toroney, Alyanna and the child to be born of her, Julie, Doug; David; Martha, infant Logan, Elise, Juris; Corey and her newborn child. All the clergy, faithful and their families of the Diocese of New York and New Jersey. All those afflicted by the recent hurricanes. Name Day: child Justus (Apostle Justus of the 70, 10/30). **Birthdays:** Steven Cheplick (10/27), John Davis (10/30). **Anniversary:** James & Deborah King (11/1).

#### **Parish Children:**

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel
John	Nikolai	Melania	Alexei	Nadia	Justus	Elea	Samuel
Gabriel	Michael	Hannah	Raphael	Verity	Julie	Michelle	Aiden
Shea	Jack	Oliver	Elizabeth	Anthony	Evangeline	Alfred	Rosemary
James	Brigid	Dorothea	Josephine	Cillian	Rory		

**College Students:** Thomas Cheplick – Niagara College • Gabriel Cowan – Corning Community College  
Angeline McKane – West Point Academy • Nathan Devens – SUNY Cobleskill • Madeline Cieslak – Elmira College  
Larissa Cheplick – Daemen College Julianna Cheplick – SUNY Delhi  
Mihaela Toader, Anastasia Shikula & Magdalena Botrous – LECOM Elmira  
Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.  
Typically, parish prayer requests remain on this list for 40 days.

#### **READERS' SCHEDULE**

Oct. 26th - Nov. 2nd: Emilia Karney, Natalie Karney & Lydia Dudek ♦ Nov. 2nd- Nov. 9th: Reader William ♦ Nov. 9th - Nov. 16th: Reader Alexander ♦ Nov. 16th – Nov. 23rd: Matushka Tamara & Reader Gabriel (Feast Day 11/20 & 11/21: Entry of the Virgin Mary into the Temple) ♦ Nov. 23rd – Nov. 30th: Reader Dmitri Nov. 30th – Dec. 7th: Emilia Karney, Natalie Karney & Lydia Dudek ♦ Dec. 7th – Dec 14th: Reader Alexander ♦ Dec. 14th – Dec. 21st: Mary Carol Haluszczak ♦ Dec. 21st – Dec. 28th: Reader Alexander (Feast Day 12/24 & 12/25: Nativity of Our Lord) ♦ Dec. 28th – January 4th: Matushka Tamara & Reader Gabriel ♦ January 4th – January 11th: Reader William (1/5 & 1/6: Theophany)

#### **FELLOWSHIP HOUR HOSTING SCHEDULE**

Oct 27 Lamprinos Family  
Nov 3 Cowan & Chwastiak Families ♦ **Nov 10 St. Tikhon's Seminary Choir Pot Luck**  
Nov 17 Rinchack & Harvey Families ♦ Nov 24 King Families

#### **CHURCH CLEANING SCHEDULE**

October 27 Amy Rinchack ♦ November 3 Mat. Katie  
November 10 Nina Dudek ♦ November 17 Toni Weeks ♦ November 24 Sarah Harvey

**NEXT CHOIR REHEARSALS:** Sat 11/16, 3:15 PM  
**NEXT YOUTH CHOIR REHEARSAL:** Sat. 11/2, 3:30 PM

**COFFEE HOUR SUPPLIES – DONATIONS GRATEFULLY ACCEPTED FOR:**  
Hot Cups ♦ Plastic Forks



"Prison ministry demands that we step out of our comfort zones to meet our brothers and sisters in their cells. It is our calling and responsibility."



**Dr. Toby John**

Graduate, Certificate Program in Prison Ministry



Orthodox Christian  
PRISON MINISTRY



SAINT TIKHON'S  
SEMINARY

[theocpm.org/certificate](http://theocpm.org/certificate)

***Coming Up on the Weekend  
of November 9-10:  
A Very Special Visit from the  
St. Tikhon's Seminary Mission Choir!***

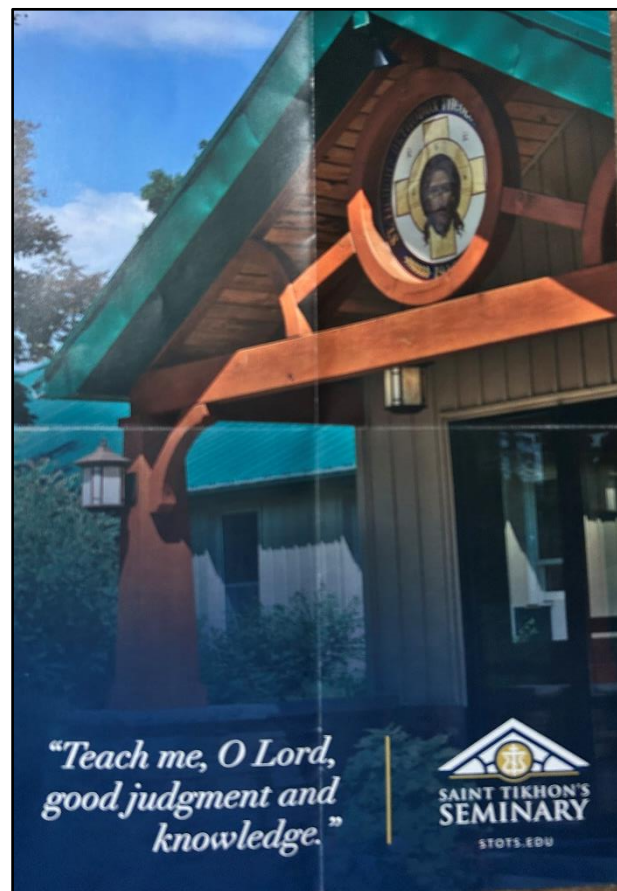
*The Seminary's male choir will sing Great Vespers on Saturday and the Divine Liturgy on Sunday here at Holy Trinity. Please come to be uplifted by their voices, and get to know our Seminarians!*

*Also, please plan to bring a monetary contribution, so that we can partner with St. Tikhon's in providing scholarships for the future priests, deacons, and lay leaders of our Churches!*

*For a breathtaking video on the life and surroundings of the Seminary community, click [here](#) OR search YouTube.com for "Experience a Day at St Tikhon's!"*

Visit St. Tikhon's Seminary online:

[www.stots.edu](http://www.stots.edu) ♦ [www.facebook.com/sainttikhons](https://www.facebook.com/sainttikhons)



*"Teach me, O Lord,  
good judgment and  
knowledge."*

