

HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

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Sunday, March 9, 2025 – Tone 3

First Sunday of Great Lent

The Triumph of Orthodoxy • The Restoration of Icons

The Great Fast of Lent continues until Holy PASCHA (Easter),
Sunday, April 20, with the Paschal Divine Liturgy.

During Lent we are called to abstain from meat and dairy products and from spiritually unproductive entertainment... so that we control our appetites, and our appetites do not control us!

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at our YouTube Channel:

<https://www.youtube.com/@holytrinitychurchelmira>

or go to www.YouTube.com and search for “Holy Trinity Church Elmira Heights NY”

Today – First Sunday of Lent, The Triumph of Orthodoxy and the Restoration of Icons

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy*, Fellowship Hour, Church School, Choir Rehearsal, Teen Group (with Fr. David)

4:00 PM *Pan-Orthodox Vespers for the Sunday of Orthodoxy*, at St. Mary's Orthodox Church, 1907 Jenkins St., Endicott

Tuesday, March 11

5:30 PM Private Confession Available

6:30 PM *Liturgy of the Pre-Sanctified Gifts* followed by Lenten Pot Luck Supper Fellowship

Saturday, March 15

3:30 PM Choir Rehearsal

5:00 PM *Reader Vespers*

Sunday, March 16 – Second Sunday of Lent: St. Gregory Palamas – Please Welcome Fr. Dennis Hendershot

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy*, Fellowship Hour, Church School, Teen Group

Wednesday, March 19

6:30 PM *Liturgy of the Pre-Sanctified Gifts* followed by Lenten Pot Luck Supper Fellowship

Saturday, March 22 – Memorial Saturday (“Soul Saturday”)

8:40 AM *Third and Sixth Hours*

9:00 AM *Memorial Divine Liturgy*

3:30 PM Youth Choir Rehearsal

5:00 PM *Great Vespers*; Private Confession Available Afterward

Sunday, March 23 – Third Sunday of Lent: Exaltation of the Precious and Life-Giving Cross

8:40 AM *Third and Sixth Hours*

9:00 AM *Reception Into the Catechumenate* of Gregory, Christal, and Children Levi, Azariah and Elijah Crowell
Divine Liturgy, Followed By Fellowship Hour and Church School

SCRIPTURE READINGS

EPISTLE Hebrews 11:24-26, 32-12:2 Brethren: By faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated-- of whom the world was not worthy--wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

GOSPEL John 1:43-51 At that time, Jesus wanted to go to Galilee, and He found Philip and said to him, “Follow Me.” Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, “We have found Him of whom Moses in the law, and also the prophets, wrote – Jesus of Nazareth, the son of Joseph.” And Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” Jesus saw Nathanael coming toward Him, and said of him, “Behold, an Israelite indeed, in whom is no deceit!” Nathanael said to Him, “How do You know me?” Jesus answered and said to him, “Before Philip called you, when you were under the fig tree, I saw you.” Nathanael answered and said to Him, “Rabbi, You are the Son of God! You are the King of Israel!” Jesus answered and said to him, “Because I said to you, ‘I saw you under the fig tree,’ do you believe? You will see greater things than these.” And He said to him, “Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man.”

LENTEN † ALMSGIVING

SOCKS & SNACKS Ministry

Way to Participate #1 DONATE

Purchase any of the following items and bring them downstairs to the Fellowship Hall. A 3-Tiered Basket is set up near the buffet table.



Non-perishable snack bars
Best buy at Aldis or Walmart



Adult sized socks
Best buy at Amazon or Walmart



Travel size toothpaste
Best buy at Dollar Tree or Amazon



Toothbrush with case or cap
Best buy at Dollar Tree or Amazon

Way to Participate #2 CARE PACKAGE

Choose a pair of socks and 1 of each item on the 3-tiered display and put them in one of the provided bags. Keep the bag in your car and give it to anyone you may see in need.

Thank you for donating only non-perishable and unused items.
For more info, contact Deb King or Mat. Tamara

Prayer List

Memory Eternal: Joseph Michalko; Archimandrite Pedro, Tatiana, Frank; Billie Jo, Olga, Jim; Ruth; Barbara; Tommy, Raymond; Caroline, Clara; Archpriest John Maxwell, Matushka Tatiana Peterson; Ramonita (Kevin Gomez' aunt); Deborah; Kenneth; Valer; Juliya, Elias, Alexandra, Olivia; Lorraine; Gregory; Mikhail, Simon; Eddie, Carolyn. Ever-memorable Daniel (Zach Fanaro's grandfather, +3/9/24); Roberto Sanchez (3/13/2017), Archpriest Herman Schick (+3/16/24), Elizabeth Holobinko (+3/21/23). All those taken from us by sickness, violence, injury and disaster.

For Health: Thomas Michalko, preparing for surgery tomorrow; newborn Lydia; recovering Antonina; Michael Karney; Matushka Kathryn; Fr. Jason Kappanadze; Fr. Daniel & Mat. Myra Kovalak; Mat. Patricia Mason; Subdeacon Walter; Soldiers Joshua & Delbert; Shawn (Sue Hults' son); Roy; Xavier; Camron; Edward; Amelia; Joshua; Alexandra; Natasha; Matthew; Jeanine; Frances; Olga; Joseph; Abigail; child Julianna; Christopher & David; Ricky & John; Matrona; Patricia, Michael & Jacob; James; Brooke; Elena; Tyler; Dmitri; expecting mothers Jessica, Christal, Michelle, McKayla, Carrie, catechumen Ana and the children to be born of them; Mildred Cheplick; Mildred Urda; Deborah; Juliana; John; Scott & Casey, Child Hannah, Joshua, Ilsa, Erica, Caitlin, Helen, Ruth, Katherine, Sierra; Nicholas, Anna; Catechumens Raychel, Jason, Oliver, Madeline, Steven, Jeremiah, Sarah, Zachery & Tomas.

Diocesan Prayer Requests: Archbp. NATHANIEL; Archbp. BENJAMIN; Fr. Gary Joseph Breton; Fr. James Dutko; Fr. John Fencik; Fr. George Hasenecz; Fr. Sophrony Royer; Dn. Stephan Karlgut; Dn. Michael Speck; Mat. Olga Meerson; Mat. Jeanne Zablotsky; Bill; Charlene, Michael, Justina, Matthew; David, Rebecca, Theresa, Damian, Patricia; Sarah, Enrique; Peter, Litsa; Demetrios, child Noah; Nina, Richard, Romolo; Mary, Lawrence, Mirela, Christian; Peter; Ilianna, James. All the clergy, faithful, their families and those who are ill, of the Diocese of New York and New Jersey. **Name Day:** Patrick Charles Hults, Patrick Karney, Patricia Olson (St. Patrick of Ireland, 3/17). **Birthdays:** Lucie Lewis (3/7), Marilyn Cusick (3/18); Fr. Nicholas Harris & Nika Harris (3/19), Michelle Davis (3/22).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel
John	Nikolai	Melania	Alexei	Justus	Elea	Samuel	Gabriel
Michael	Hannah	Raphael	Verity	Julie	Michelle	Aiden	Shea
Jack	Oliver	Elizabeth	Anthony	Evangeline	Alfred	Rosemary	James
Brighid	Dorothea	Josephine	Killian	Rory	Ethan	Asher	Gideon
Gabriel	Josephine						

College Students: Thomas Cheplick – Niagara College • Gabriel Cowan & Nadia Powers – Corning Community Coll. • Angeline McKane – West Point Academy • Nathan Devens – SUNY Cobleskill • Madeline Cieslak – Elmira College
Larissa Cheplick – Daemen College • Julianna Cheplick – SUNY Delhi
Mihaela Toader, Anastasia Shikula & Magdalena Botrous – LECOM Elmira
Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.
Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

March 8th – March 15th: Reader Alexander • March 15th – March 22nd: Emilia Karney, Natalie Karney & Lydia Dudek
*(Memorial Saturday, March 22nd) • March 22nd - March 29th: Matushka Tamara and Reader Gabriel ** (Annunciation –
March 24th & 25th) • March 29th – April 5th: Reader William • April 5th – April 12th: Mary Carol Haluszczak
*(Lazarus Saturday – April 12th) • April 12th & 13th: Reader Alexander ** (Entry of our Lord into Jerusalem – PALM SUNDAY) •
April 13th – April 19th: Holy Week – All Readers as assigned at services. •
April 20th – GREAT AND HOLY PASCHA: Epistle – Reader William • April 21st – April 26th: Bright Week – Reader William

CHOIR REHEARSAL SCHEDULE

Adult Choir: Sun 3/9, Sat 3/15 at 3:30 PM, Sun 3/23, Sat 3/29 after Memorial Liturgy, Sun 4/6, Sun 4/13
Youth Choir, the following Saturdays at 3:30 PM: March 22, April 5

FELLOWSHIP HOUR HOSTING SCHEDULE

FASTING (Great Lent): March 9 Angelo & O'Brien Families ♦ March 16 Cusick & Hults Families ♦ March 23 Cheplick Families ♦
March 30 King Families ♦ April 6 Fanaro, Chwastiak, Follansbee Families ♦ April 13 Palm Sunday Potluck (Clean up: Lamprinos &
Gomez Families) ♦ **FEASTING:** April 20 PASCHA Agape Meal (Clean up: All Families) ♦ April 27 Charlanow Family

CHURCH CLEANING SCHEDULE

Nina Dudek: 3/9 ♦ Sarah Harvey: 3/16 ♦ Amy Rinchack: 3/23 ♦ Mat. Katie: 3/30

COFFEE HOUR SUPPLIES – DONATIONS GRATEFULLY ACCEPTED FOR:

Small Plates ♦ Juices ♦ 8-Oz. Cold Cups

*Share
the Joy of
Celebrating
Ancient
Christianity's
Historic
Triumph
of the
Restoration
of Icons*



Pan-Orthodox Sunday Vespers
Sunday, March 9, 4 PM

St. Mary's Orthodox Church
1907 Jenkins Street, Endicott, NY

Honoring the "Restoration of Living Icons"
by the Broome County Council of Churches

Reflection by:

Rev. Dr. Joseph Sellepak, Executive Director, BCCC

Southern Tier Pan-Orthodox Singers
directed by Julieanne Marra

Lenten Reception follows in Church Hall

Orthodox Church in America • Diocese of New York and New Jersey



Lenten Women's Retreat

A time set apart for prayer, reflection, and fellowship of Orthodox women.

FRIDAY, MARCH 28 - SUNDAY MARCH 30, 2025

Register at:

http://portal.campnetwork.com/Register/Register.php?camp_id=397695

Or scan this
QR code



\$125 for the Weekend

\$50 for Saturday only
(All inclusive)

“Be Who You Are in the Body of Christ”



Keynote Speaker: Mother Melania.

Mother Melania is the abbess of the community of Holy Assumption Monastery in Calistoga, California.

She has written several series of children's books (including *The Twelve Great Feasts for Children*; *The Three-Day Pascha*; the *Old Testament Stories for Children* series; and the *Good Neighbors* series – a series of animal fables designed to teach children Christian virtue in an engaging way).

Mother Melania has made a particular study of St. John Chrysostom's writings. Because he was writing not primarily to monks but to people living in the world, he has much practical advice to offer for today's Christian.

Also visiting: Archbishop Michael

For more information

Email: kristy@saintandrewscamp.org



Lenten Teen (13-17yo) & Young Adult (18-24yo) Retreat

FROST VALLEY YMCA - CLARYVILLE, NY
APRIL 4-6, 2025



REGISTER BY
March 17



Join us for a weekend of fun, prayer, and fellowship!
Open to all dioceses and jurisdictions!
No fee to attend!

Sponsored by the OCA Diocese of New York and New Jersey's Department of Youth Ministry
Questions? Email admin@nynjocayouth.org



MARCH – APRIL 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 FORGIVENESS 9:00 AM Liturgy; Forgiveness Vespers; Cheesefare Sunday Fellowship	3 CLEAN MONDAY 6:30 PM Great Canon of St. Andrew of Crete	4 CLEAN TUESDAY 6:30 PM Great Canon of St. Andrew of Crete	5 CLEAN WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	6 CLEAN THURSDAY 6:30 PM Great Canon of St. Andrew of Crete	7 CLEAN FRIDAY 6:30 PM Pre-Sanctified Liturgy	8 1ST SAT. OF LENT 3:30PM Youth Choir 5:00 PM Great Vespers and Private Confession
9 ORTHODOXY SUN. 9:00 AM Liturgy; Fellowship Hour; Church School, Choir Rehearsal; Teen Group w/ Fr. David 4 PM Pan-Orthodox Vespers, St. Mary's Church, Endicott	10 2ND MONDAY 6:30 PM Great Canon of St. Andrew of Crete	11 2ND TUESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	12 2ND WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	13 2ND THURSDAY 6:30 PM Great Canon of St. Andrew of Crete	14 2ND FRIDAY 6:30 PM Pre-Sanctified Liturgy	15 2ND SAT. OF LENT 3:30 PM Choir Rehearsal 5:00 PM Reader Vespers
16 ST. GREGORY PALAMAS 9:00 AM Liturgy; Fellowship Hour; Church School; Teen Group	17 3RD MONDAY 6:30 PM Great Canon of St. Andrew of Crete	18 3RD TUESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	19 3RD WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	20 3RD THURSDAY 6:30 PM Great Canon of St. Andrew of Crete	21 3RD FRIDAY 6:30 PM Pre-Sanctified Liturgy	22 3RD SAT. OF LENT 9:00 AM "Soul Saturday" Memorial Divine Liturgy; 3:30PM Youth Choir 5:00 PM Great Vespers and Private Confession
23 SUN. OF THE CROSS 9:00 AM Liturgy; Fellowship Hour; Church School; Choir Rehearsal	24 EVE/ANNUNCIATION 6:30PM Vespers, Eve of The Annunciation	25 ANNUNCIATION Great Feast of the Annunciation of the Most-Holy Theotokos; 9:00AM Vespers and Divine Liturgy	26 4TH WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy	27 4TH THURSDAY 6:30 PM Great Canon of St. Andrew of Crete	28 4TH FRIDAY 9:00AM Pre-Sanctified Liturgy	29 4TH SAT. OF LENT 9:00 AM "Soul Saturday" Memorial Divine Liturgy; Choir Rehearsal Follows 5:00 PM Great Vespers and Private Confession
30 ST. JOHN / LADDER 9:00 AM Liturgy; Fellowship Hour; Church School; Combined Teen Group / Adult Education w/ Fr. David	31 5TH MONDAY 6:30 PM Great Canon of St. Andrew of Crete	APRIL 1 5TH TUESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	2 5TH WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy	3 5TH THURSDAY NY State Deanery Clergy Meeting, Syracuse 6:30 PM Great Canon of St. Andrew; Life of St. Mary of Egypt	4 5TH FRIDAY 9:00 AM Pre-Sanctified Liturgy	5 5TH SAT. OF LENT 3:30 PM Youth Choir 5:00 PM Great Vespers and Private Confession



Great Lent and PASCHA 2025 at Holy Trinity Orthodox Church, Elmira Heights













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APRIL (CONTINUED) – MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 ST MARY OF EGYPT 9:00 AM Liturgy; Fellowship Hour; Church School; Choir Rehearsal	7 6TH MONDAY	8 6TH TUESDAY	9 6TH WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	10 6TH THURSDAY	11 6TH FRIDAY 9:00 AM Pre-Sanctified Liturgy	12 LAZARUS SATURDAY 9:00 AM Children's & Families' Confessions 10 AM Liturgy; Breakfast; Decorating the Church 5:00 PM Vespers & Litva, Palm Sunday; Blessing Palms & Willows; Confession
13 PALM SUNDAY 9:00 AM Liturgy; Blessing of Palms & Willows; Fellowship Hour; Church School; Choir Rehearsal; Teen Group 5:30 PM Bridgroom Matins	14 HOLY MONDAY 5:30 PM Confessions 6:30 PM Bridgroom Matins	15 HOLY TUESDAY 5:30 PM Confessions 6:30 PM Bridgroom Matins	16 HOLY WEDNESDAY 5:30 PM Confessions 6:30 PM Matins of Holy Thursday, Followed by Holy Unction and Anointing	17 HOLY THURSDAY 10:00 AM Vespers Liturgy, Holy Thursday 5:30 PM Confessions 6:30 PM Matins with the 12 Passion Gospels	18 GREAT & HOLY FRIDAY 8:00 AM Royal Hours 3:00 PM Vespers of Holy Friday; Light Meal After 7:00 PM Matins with Procession of Shroud; Teen Watch at the Tomb	19 HOLY SATURDAY 10:00 AM Vespers Liturgy, Holy Saturday 11:30 PM Nocturns, Procession, Matins, Liturgy of PASCHA, Bless Baskets, Agape Breakfast
20 HOLY PASCHA 1:00 PM Vespers of PASCHA	21 BRIGHT MONDAY 10:00 AM Paschal Divine Liturgy of Bright Monday, with Cross- Procession Outside	22 BRIGHT TUESDAY	23 BRIGHT WEDNESDAY	24 BRIGHT THURSDAY	25 BRIGHT FRIDAY	26 BRIGHT SATURDAY <i>Morning: Liturgy & Open House at St. Andrew's Camp</i> 5:00 PM Great Vespers
27 ST. THOMAS 9:00 AM Liturgy; Fellowship Hour 1:00PM Blessing of Graves at Parish Cemetery	28	29	30	May 1	2	3
4 MYRRH-BEARERS 9:00 AM Liturgy; Fellowship Hour and Church School	5	6	7	8	9	10 5:00 PM Great Vespers and Private Confession

OUR JOURNEY TO PASCHA! 2025

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 9th	 <i>TRIODION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week FEBRUARY 16th	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare FEBRUARY 23rd FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 2nd FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 9th	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 16th	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 23rd	 VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent MARCH 30th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 6th	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 13th GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 18th	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! APRIL 20th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

SYNODIKON – for Orthodoxy Sunday Liturgy

Recited after the Children's Icon Procession

As the prophets beheld ... as the apostles have taught ... as the Church has received ... as the teachers have dogmatized ... as the universe has agreed ... as Grace has shown forth ... as Truth has revealed ... as falsehood has been dissolved ... as Wisdom has presented ... as Christ has awarded ... thus we declare ... thus we assert ... thus we preach Christ our true God ... in words, in writings, in thoughts, in sacrifices, in churches, in holy icons – thus we honor His Saints: on the one hand worshiping and reverencing Christ as God and Lord; and on the other hand honoring His Saints, as true servants of the same Lord of all, and accordingly offering them veneration.

This is the faith of the apostles, this is the faith of the fathers, this is the faith of the Orthodox –

this is the faith, which has established the universe.