

HOLY TRINITY ORTHODOX CHURCH

140 Horseheads Blvd., Elmira Heights, NY • 607-732-3980

Rector: Fr. David Cowan • Deacon S. Michael Karney

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Sunday, April 6, 2025 – Tone 8

Fifth Sunday of Great Lent

St. Mary of Egypt

The Great Fast of Lent continues until Holy PASCHA (Easter),
Sunday, April 20, with the Paschal Divine Liturgy.

During Lent we are called to abstain from meat and dairy products and from spiritually unproductive entertainment... so that we control our appetites, and our appetites do not control us!

“Fasting is acceptable to God when abstaining from food is accompanied by refraining from sins, from envy, from hatred, from slander, from vainglory, from talkativeness, and from other evils.” – St. Photios the Great

CHILDREN & FAMILIES’ CONFESSIONS – LAZARUS SATURDAY, APRIL 12, 9:00 – 10:00 AM

Please mark your calendars for this important milestone in the life of your children, teens, and families.

SERVICES AND ACTIVITIES

Most Services May Be Joined by Live Stream at our YouTube Channel:

<https://www.youtube.com/@holytrinitychurchelmirany>

or go to www.YouTube.com and search for “Holy Trinity Church Elmira Heights NY”

Today – Fifth Sunday of Lent: Saint Mary of Egypt

8:40 AM *Third and Sixth Hours*

9:00 AM *Reception Into the Catechuminate* of Logan George

Divine Liturgy, Followed By Fellowship; Church School; Choir Rehearsal

Wednesday, April 9

5:30 PM Private Confession Available

6:30 PM *Liturgy of the Pre-Sanctified Gifts*, Followed by Lenten Pot Luck Supper Fellowship

Friday, April 11

9:00 AM *Liturgy of the Pre-Sanctified Gifts*

Saturday, April 12 – The Raising of Lazarus (Lazarus Saturday)

9:00 AM Children’s and Families’ Confessions

9:40 AM *Third and Sixth Hours*

10:00 AM *Divine Liturgy of Lazarus Saturday*, Parish Breakfast, Youth Pascha Crafts,
Decorating the Church – All Are Welcome!

5:00 PM *Great Vespers & Litya – Entry of the Lord Into Jerusalem with Blessing of Palms & Willows*;
Private Confession Afterward

Sunday, April 13 – Great Feast of the Entry of the Lord Into Jerusalem – Palm Sunday

8:40 AM *Third and Sixth Hours*

9:00 AM *Divine Liturgy; Blessing of Palms & Pussy Willows*

followed by Fellowship Hour, Church School, Choir Rehearsal and Teen Group

5:30 PM *Bridegroom Matins of Holy Monday*; Private Confession Available Afterward

Private Confession is available Holy Monday – Holy Thursday, 5:30-6:30 PM

Great and Holy Monday, April 14

6:30 PM *Bridegroom Matins of Holy Tuesday*

Great and Holy Tuesday, April 15

6:30 PM *Bridegroom Matins of Holy Wednesday*

Great and Holy Wednesday, April 16

6:30 PM *Matins of Holy Thursday*,

and the *Service of Holy Unction* and Anointing with Blessed Oil

Great and Holy Thursday, April 17

10:00 AM *Vesperal Divine Liturgy* – The Last Supper

6:30 PM *Matins of Great and Holy Friday* – The Passion Gospels

Great and Holy Friday, April 18

8:00 AM *Royal Hours* followed by the

Decorating of our Lord’s Tomb by Parish Youth

3:00 PM *Vespers of Holy Friday* – The Burial of Our Lord,

followed by Light Meal in our Fellowship Hall

7:00 PM *Matins of Holy Saturday*: Lamentations and Procession

with the Burial Shroud of Our Lord; and Watch Before the Tomb

Great and Holy Saturday, April 19

10:00 AM *Vesperal Liturgy* with

Reception Into the Church By Chrismation of Jeremiah and Sarah Harvey and Steven Follansbee

11:30 PM *Nocturns; Procession; Matins of PASCHA* and

The Divine Liturgy of Great and Holy PASCHA

followed by Basket Blessing and Agape Meal

HOLY PASCHA (EASTER), SUNDAY, APRIL 20

1:00 PM *The Vespers of PASCHA*

Bright Monday, April 21

10:00 AM *Paschal Divine Liturgy with Procession*

SCRIPTURE READINGS

EPISTLE Galatians 3:23-39 Brethren: Before faith came, we were kept under guard by the law, kept for the faith which would afterward be revealed. Therefore the law was our tutor to bring us to Christ, that we might be justified by faith. But after faith has come, we are no longer under a tutor. For you are all sons of God through faith in Christ Jesus. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's seed, and heirs according to the promise.

GOSPEL Luke 7:36-50 At that time: one of the Pharisees asked Jesus to eat with him. And He went to the Pharisee's house, and sat down to eat. And behold, a woman in the city who was a sinner, when she knew that Jesus sat at the table in the Pharisee's house, brought an alabaster flask of fragrant oil, and stood at His feet behind Him weeping; and she began to wash His feet with her tears, and wiped them with the hair of her head; and she kissed His feet and anointed them with the fragrant oil. Now when the Pharisee who had invited Him saw this, he spoke to himself, saying, "This Man, if He were a prophet, would know who and what manner of woman this is who is touching Him, for she is a sinner." And Jesus answered and said to him, "Simon, I have something to say to you." So he said, "Teacher, say it." "There was a certain creditor who had two debtors. One owed five hundred denarii, and the other fifty. And when they had nothing with which to repay, he freely forgave them both. Tell Me, therefore, which of them will love him more?" Simon answered and said, "I suppose the one whom he forgave more." And He said to him, "You have rightly judged." Then He turned to the woman and said to Simon, "Do you see this woman? I entered your house; you gave Me no water for My feet, but she has washed My feet with her tears and wiped them with the hair of her head. You gave Me no kiss, but this woman has not ceased to kiss My feet since the time I came in. You did not anoint My head with oil, but this woman has anointed My feet with fragrant oil. Therefore I say to you, her sins, which are many, are forgiven, for she loved much. But to whom little is forgiven, the same loves little." Then He said to her, "Your sins are forgiven." And those who sat at the table with Him began to say to themselves, "Who is this who even forgives sins?" Then He said to the woman, "Your faith has saved you. Go in peace."

Prayer List

Memory Eternal: Matushka Mary Shafran; Nina; Kathleen Ann Kohena; Fr. Daniel Skvir; Gloria Misnick; Florentina; Elizabeth; Rose; Joseph; Ramona; Max, Tena; Steve; Archimandrite Pedro, Tatiana, Frank; Paulina; Billie Jo, Olga, Jim. All those taken from us by sickness, violence, injury and disaster.

For Health: Newly-received Catechumen Logan; Elizabeth (Sue) Hults; Ruth Kriel; Thomas Michalko; David Grove; Antonina Weeks; Michael Karney; Matushka Kathryn, Emilia & Sophia; Fr. Jason Kappanadze; Fr. Daniel & Mat. Myra Kovalak; Mat. Patricia Mason; Larissa, Larry; Shawn; Roy; Xavier; Amelia; Alexandra; Natasha; Joseph & Sherry; Matrona; James; Brooke; Elena; Tyler; George; expecting mothers Jessica, Michelle, McKayla, Carrie, catechumens Ana & Christal and the children to be born of them; Mildred Cheplick; Mildred Urda; Deborah; Juliana; John; Scott & Casey, Child Hannah, Joshua, Ilsa, Erica, Caitlin, Helen, Katherine, Sierra; Nicholas, Anna; Catechumens Raychel, Jason, Oliver, Madeline, Steven, Jeremiah, Sarah, Zachery, Tomas, Gregory, Christal, Levi, Azariah, Elijah and Camron.

Diocesan Prayer Requests: Archbp. NATHANIEL; Archbp. BENJAMIN; Fr. Vasily Gilbert; Fr. John & Matushka Jeanette Parker; Dn. Stephan Karlgut; Matushka Kathy Toroney; Reader Joshua; John, Marie, Anna, Joan, Andrew; Nancy, Cleo, Debbie; child Ivan, Michael, Christina; Galina; Ani; Peter, Rosanne, Vladimir, Diane, Jay, Diana, Ronald, Anastasia; Julia and her newborn child, Nina, Susan, John; Valentina, Paul, Vladimir, Anna, Tamara, Anna; Pamela, David, Frank; child Lazar. All the clergy, faithful, their families and those who are ill, of the Diocese of New York and New Jersey. **Birthdays:** Michael Karney (4/7); Abbot Sergius, of St. Tikhon's Monastery (4/8).

Parish Children:

Lucia	Hannah	Jeremiah	Andrew	Myra	Ezekiel	Aalyiah	Sophia
Lydia	Natalie	Emilia	Patrick	Sophia	Rdr. Dmitri	Jonah	Gabriel
John	Nikolai	Melania	Alexei	Justus	Elea	Samuel	Gabriel
Michael	Hannah	Raphael	Verity	Julie	Michelle	Aiden	Shea
Jack	Oliver	Elizabeth	Anthony	Evangeline	Alfred	Rosemary	James
Brighid	Dorothea	Josephine	Killian	Rory	Ethan	Asher	Gideon
Gabriel	Josephine	Levi	Azariah	Elijah			

College Students: Thomas Cheplick – Niagara College • Gabriel Cowan & Nadia Powers – Corning Community Coll. • Angeline McKane – West Point Academy • Nathan Devens – SUNY Cobleskill • Madeline Cieslak – Elmira College
Larissa Cheplick – Daemen College • Julianna Cheplick – SUNY Delhi
Mihaela Toader, Anastasia Shikula & Magdalena Botrous – LECOM Elmira
Please give prayer requests to Fr. David, Dn. Michael, Subdcn. Walter, or a Reader.
Typically, parish prayer requests remain on this list for 40 days.

READERS' SCHEDULE

April 5th – April 12th: Mary Carol Haluszczak

* (Lazarus Saturday – April 12th) • April 12th & 13th: Reader Alexander ** (Entry of our Lord into Jerusalem – PALM SUNDAY) •

April 13th – April 19th: Holy Week – All Readers as assigned at services. •

April 20th – GREAT AND HOLY PASCHA: Epistle – Reader William • April 21st – April 26th: Bright Week – Reader William

CHOIR REHEARSAL SCHEDULE

Adult Choir: Sun 4/6, Sun 4/13

FELLOWSHIP HOUR HOSTING SCHEDULE

FASTING (Great Lent): April 6 Fanaro & Cowan Families ♦ April 13 Palm Sunday Potluck (Clean up: Lamprinos & Gomez Families)

FEASTING: April 20 PASCHA Agape Meal (Clean up: All Families) ♦ April 27 Charlanow Family

CHURCH CLEANING SCHEDULE

4/6 Nina ♦ 4/13 Sarah ♦

4/20 PASCHA Amy ♦ 4/27 Mat Katie ♦ 5/4 Nina ♦ 5/11 Sarah ♦ 5/18 Amy ♦ 5/25 Mat. Katie

COFFEE HOUR SUPPLIES – DONATIONS GRATEFULLY ACCEPTED FOR:

Small Plates ♦ Juices ♦ 8-Oz. Cold Cups

FEATURING PERFORMANCES FROM SOME FAMILIAR FACES OF HOLY TRINITY CHURCH

CHURCH



ST. ANDREW'S CAMP FUNDRAISER

Presented by orthodox Parishes of the Southern Tier

SPAGHETTI & SONG

DINNER SHOW

SUNDAY, MAY 4TH, 2025 // 4:00 PM

INCLUDES: APPETIZERS, SPAGHETTI & MEATBALLS, SALAD, GARLIC BREAD, DRINKS & DESSERTS

If you cannot attend, please consider a donation.

\$20 ADVANCE

\$25 DOOR



**MAIN STAGE:
ST. ANDREW STAFF &
CAMPER PERFORMANCES**
**TABLE SIDE:
"BID FOR A BALLAD"
SPECIAL GUEST SINGERS**

**SS. PETER & PAUL
ORTHODOX CHURCH
210 HILL AVE,
ENDICOTT, NY**

570-878-5073 // tamarancowan@gmail.com

St. Andrew's Camp & Retreat Center - 1280 Rt.49 Jewell, NY 13042

2025 Orthodox Christian Young Adult Retreat

St. Andrew's Camp

Friday May 16th - Sunday May 18th

An opportunity for Orthodox Young Adults, Catechumens and Inquirers to spend time in fellowship, activity and prayer in a serene lakefront setting.

- Kayaking, Hiking, Outdoor Activities
- Spiritual Discussion Groups
- Matins, Great Vespers, Divine Liturgy
- Food and Accommodations Included

Ages 18 - 35

\$125 for the Full Weekend - \$50 for Saturday Only
Go to the link or use QR code and select Young Adult Retreat
If you need financial assistance with registration fee, contact the email or phone number below

https://portal.campnetwork.com/Register/Register.php?camp_id=397695

**For Additional Information or Questions
Contact LonniBologna@gmail.com or Text / Call 203 456-5334**



Great Lent and PASCHIA 2025 at Holy Trinity Orthodox Church, Elmira Heights
 140 Horseheads Blvd., Elmira Heights, NY ♦ (607) 732-3980 ♦ www.HolyTrinityOrthodoxChurch.org Page 2 of 2

APRIL (CONTINUED) – MAY 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 ST MARY OF EGYPT 9:00 AM Liturgy; Fellowship Hour; Church School; Choir Rehearsal	7 6 TH MONDAY	8 6 TH TUESDAY	9 6 TH WEDNESDAY 5:30 PM Private Confession Available 6:30 PM Pre-Sanctified Liturgy & Pot Luck	10 6 TH THURSDAY	11 6 TH FRIDAY 9:00 AM Pre-Sanctified Liturgy	12 LAZARUS SATURDAY 9:00 AM Children's & Families' Confessions 10 AM Liturgy; Breakfast; Decorating the Church 5:00 PM Vespers & Litya, Palm Sunday; Blessing Palms & Willows; Confession
13 PALM SUNDAY 9:00 AM Liturgy; Blessing of Palms & Willows; Fellowship Hour; Church School; Choir Rehearsal; Teen Group 5:30 PM Bridegroom Matins	14 HOLY MONDAY 5:30 PM Confessions 6:30 PM Bridegroom Matins	15 HOLY TUESDAY 5:30 PM Confessions 6:30 PM Bridegroom Matins	16 HOLY WEDNESDAY 5:30 PM Confessions 6:30 PM Matins of Holy Thursday, Followed by Holy Unction and Anointing	17 HOLY THURSDAY 10:00 AM Vespersal Liturgy, Holy Thursday 5:30 PM Confessions 6:30 PM Matins with the 12 Passion Gospels	18 GREAT & HOLY FRIDAY 8:00 AM Royal Hours 3:00 PM Vespers of Holy Friday; Light Meal After 7:00 PM Matins with Procession of Shroud; Teen Watch at the Tomb	19 HOLY SATURDAY 10:00 AM Vespersal Liturgy, Holy Saturday 11:30 PM Nocturns, Procession, Matins, Liturgy of PASCHA, Bless Baskets, Agape Breakfast
20 HOLY PASCHA 1:00 PM Vespers of PASCHA	21 BRIGHT MONDAY 10:00 AM Paschal Divine Liturgy of Bright Monday, with Cross- Procession Outside	22 BRIGHT TUESDAY	23 BRIGHT WEDNESDAY	24 BRIGHT THURSDAY <i>Diocesan Council Meeting – Bronxville, NY</i>	25 BRIGHT FRIDAY	26 BRIGHT SATURDAY <i>Morning: Liturgy & Open House at St. Andrew's Camp</i> 5:00 PM Great Vespers
27 ST. THOMAS 9:00 AM Liturgy; Fellowship Hour 1:00PM Blessing of Graves at Parish Cemetery	28	29	30	<i>May 1</i>	2	3
4 MYRRH-BEARERS 9:00 AM Liturgy; Fellowship Hour and Church School	5	6	7	8	9	10 5:00 PM Great Vespers and Private Confession
						5:00 PM Great Vespers and Private Confession

Chance to win one of
THREE INSTANT
Scholarships



COLLEGE FAIR 2025

April 30, 2025

6:00pm-8:00pm

WHAT TO EXPECT:

- ✓ 50 Public & Private Schools
- ✓ 2 & 4 Year Colleges
- ✓ Talk to Admissions Representatives
- ✓ Military & Technical Schools
- ✓ Recruiters for Fire, Police departments, DEC

ELMIRA ELKS LODGE
300 E. GRAY STREET
ELMIRA, NY 14901

**Free and open to
anyone interested in
Higher Education**

MORE INFORMATION CONTACT:
Mr. Callas (Chris Callas)
chcallas@gstbooces.org

Use the QR for
the list of
colleges
attending:



PASCHA 2025 – HOLY TRINITY CHURCH, ELMIRA HEIGHTS DECORATIONS, LITURGICAL ITEMS & FELLOWSHIP

Voluntary Donations for the Pascha Celebration

If you wish to sponsor one or more of the following items, please make a check mark in the blank.

Please place the name(s) of loved ones you wish to commemorate in the spaces at the bottom.

Thank you, and may God grant you a spiritually fruitful Holy Week journey – and a most joyous PASCHA!

FLOWERS

- Easter Lily Plant.....\$15.00
 Hydrangea\$20.00

CANDLES

- Beeswax Candles for Holy Thursday Evening –
The 12 Passion Gospels Service\$40.00
 Vigil Candles for the Holy Altar Table\$25.00

“BREAKING BREAD” PARISH FELLOWSHIP

- Holy Friday Supper Supplies\$25.00
 Pascha Night Agape Breakfast\$50.00

FOR THE NEWLY-ILLUMINED AND INQUIRERS:

- Paperback Liturgy Books (\$5 / Each)\$5.00
 Ancient Faith Prayer Book\$15.00



SENDING YOUR DONATION

My donation(s) are with prayers for:

Deceased Loved Ones

Living Loved Ones

(Feel free to list different names for items –
for example, “Lilies in memory of Mary Smith, Roses in memory of John Jones.”)

Donated by _____

Your phone number _____

Email _____



Give Online with
QR Code; select “Pascha”
under “Please Choose Fund”,
and type specific items
in the Memo section if you wish.

Please either bring your donations to church and give them to Fr. David or to Toni Weeks (Parish Treasurer),
or mail them to Holy Trinity Orthodox Church, 140 Horseheads Blvd., Elmira Heights, NY 14903. Thank you!